

Apple Donuts

A simple fun twist! They might not taste like a donut, but it is a healthy and creative alternative!

Supplies:

- Apples
- Cream Cheese
- Food Colouring
- Sprinkles
- Bowls (1 for each colour)
- Butter Knife
- Paring Knife (Adult Supervision Required)

Directions:

1. Wash an apple
2. Ask your grown-up to slice your apple into 1-inch-thick slices.
3. Your grown-up will use the knife to remove the core of the apple from each slice.
4. Put 1/4 cup of cream cheese into a bowl and add a few drops of food colouring.
5. Use the butter knife to mix the food colouring into the cream cheese.
6. Spread the cream cheese onto the slices of apples.
7. Optional - Repeat steps 3-5 for other cream cheese colours.
8. Add sprinkles.
9. Enjoy!

