

# Germs are Scary: Hand Sanitizer

Create your own germ busting sanitizer to scare infectious diseases away!

## Supplies Needed

- Isopropyl or rubbing alcohol (99 percent alcohol volume)
- Aloe vera gel
- Essential oil (optional)
- Bowl
- Whisk
- Plastic container (for sanitizer)



## Directions:

1. Disinfect countertops and sterilize bowl, plastic container, and whisk. Make sure to wash your hands with soap and water.
2. In a bowl add 2-parts isopropyl alcohol to 1-part aloe vera gel. Whisk.
3. Add essential oil and whisk until well blended.
4. Pour into plastic container for storage. Reminder to not touch the mixture with your hands until it is ready to use.

**Disclaimer:** Homemade hand sanitizers may not be as effective as store bought hand sanitizers. To best prevent infection, especially when your hands are dirty, it is recommended to wash your hands thoroughly with soap and water for at least 20 seconds.

