

Brace(lets) Yourself!

Are you ready to create a boo-tiful brace(lets) for Halloween?
Check out how to make the brace(lets) here!

Supplies Needed:

- Elastic Thread
- Square Letter Beads
- Assorted Coloured Wooden Beads
- (Round or Square)



Directions:

1. Begin by laying out the letters and the beads on a flat surface.
2. Once the beads are in place, it is time to feed them into the elastic thread (preferably .5 mm).
3. Now it's time for a little trial and error: when the beads are on the thread - wrap them around your wrist in order to see how long you'd like the bracelet to be.
4. Finally, it is time to tie the knot to secure the bracelet. You want to make sure the knot is very tight - so you will want to use a "surgeon's knot". For a surgeon's knot, loop the right end of the string over the left and then loop it over again. Bringing the two ends together in more of a twist. Then loop the two ends right over left.
5. Pull the knot tightly together. That's your surgeon's knot. You can also add another simple knot.

