

Daily Baby Activities

Sunday	Face your baby and make silly faces (i.e. sticking out your tongue). See if your baby laughs or tries to imitate you.	Hide behind the drapes (or hide under a blanket). Talk to your baby as you're hidden. See if they'll grab the drapes or the blanket to find you.
Monday	When changing your baby's diaper tell them, "Very stinky!" After changing them say, "All clean! You smell nice!"	When giving your baby a bath, show them how to splash the water with their hands. Then, encourage them to splash you and themselves!
Tuesday	Create a tunnel with your legs. Spread out wide enough for your baby to crawl through.	Bounce your baby on a bed. As you bounce them, make silly and fun sounds like, "Whee!" or "Boing!"
Wednesday	Play "airplane" with your baby by resting their tummy on your arm (similar to holding a football) and "fly" them around.	Blow up a balloon in front of your baby, but instead of tying it, let it deflate and fly around the room. Watch your baby's reactions.
Thursday	Ask your baby, "How big are you?" Gently put their arms out wide and above their head, and say, "So big!"	Put a sticker somewhere on your body. When your baby touches it or tries to grab it, tell them what body part the sticker is on.
Friday	With your finger, brush your baby's lips. Bring your baby's finger to their lips to do the same motion.	Tap your baby on different parts of their body. As you tap each part, say "beep". Do it again but say the body part too (i.e. "Beep your nose").
Saturday	During your baby's bath, bring in a few sponges or wash cloths. Dunk them in the water and squeeze them in front of your baby. Give one to your baby to try.	Sing the "Itsy Bitsy Spider". Then, change the words to "Teeny Tiny Spider" with a high-pitched voice. Change the words again to "The Great Big Spider" with a low voice. (Lyrics on last page of the document).

**If you'd like, do the daily activities repeatedly, and on other days too! Repetition is key for babies to learn and develop.*

Shaving Cream Letters

Your little one won't even know they are learning with this fun activity. Great for ages 3 years and up.

What You Need:

- Shaving Cream (or Whipping Cream)
- Baking Tray

Directions:

1. Spray a thin layer of shaving cream onto a baking tray.
2. Let your little one explore the texture.
3. Show your little one how to make a letter in the shaving cream and encourage your little one to copy the one you made.
4. Repeat with other letters.

Talking Points:

Talk to your little one about letters. Ask (or tell) your little one other animals or things that start with the letters you trace in the shaving cream.



Capital letters are easier for your child to write because it uses simple lines. However, when writing encourage your child to use both capital and lower-case letters so they can learn both at the same time. This will help them recognize the letters sooner and is a strong predictor of later reading success.

Borrow the book, *Chicka Chicka Boom Boom*, by Bill Martin from [Vaughan Public Libraries](http://www.vaughanpl.info).

Alphabet Sorting with Stickers

Alphabet sorting is a great activity for your little learner who is starting to recognize and take an interest in letters. Great for ages 2.5 years and up.

What You Need:

- Alphabet stickers
- Piece of paper
- Crayon, marker, or pen

Directions:

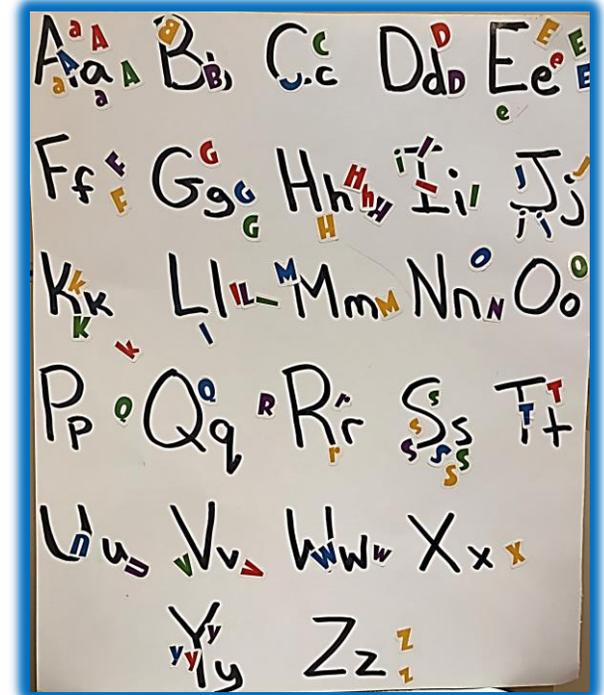
1. On a piece of paper, write the alphabet in both capital and lower-case letters.
2. Give your child the alphabet stickers and tell them to match the stickers to its corresponding letter.

Talking Points:

Talk to your little one about letters, the colour of the letter, as well as, any animal or object that starts with that letter.

Want to take it a bit further with your older preschooler, tell them the sound each letter makes.

Borrow the book, *The Little Red Cat Who Ran Away and Learned His ABC's (the Hard Way)*, by Patrick McDonnell from [Vaughan Public Libraries](http://www.vaughanpl.info).



ABC Maze

Help Missy the Cat find her way back home by following the alphabet.

If your little one gets stuck, sing the alphabet song out loud to them. Great for ages 3 years and up.

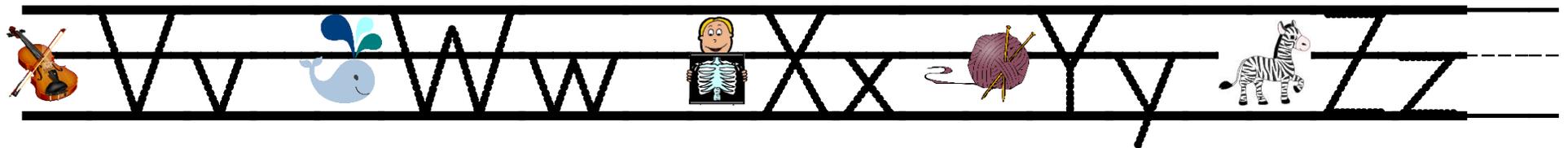
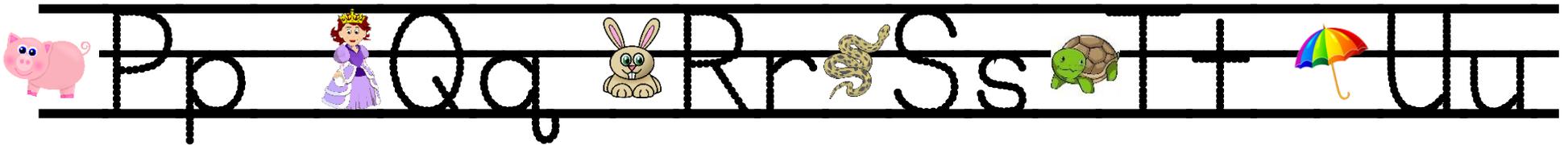
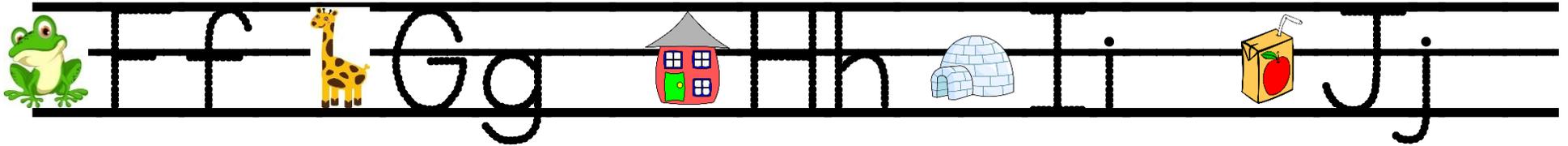


A maze shaped like a large letter 'C'. The path starts at the top left and ends at the bottom right. The path is defined by black lines. Inside the maze, there are several boxes containing illustrations: a box with two green trees, a box with four green trees, a box with a pond and a purple flower, and a box with a red roof and a chimney. The letters A through Z are placed at various points along the path. The letters are: A, B, C, D, E, F, G, H, J, K, I, J, Q, P, O, N, M, L, K, R, P, Q, S, T, U, V, W, X, Y, Z.



Letter Tracing

Print the page and have your little one trace the letters. Great for ages 3 years and up.



Here are a couple of songs to sing to your little one...

The Itsy, Bitsy Spider

The itsy bitsy spider climbed up the water spout.
Down came the rain and washed the spider out.
Out came the sun and dried up all the rain.
And the itsy, bitsy spider climbed up the spout again.
Other verses: The Teeny Tiny Spider, The Great Big Spider



Roly Poly

Roly poly, roly poly.
Up, up, up. Up, up, up. (*Move baby's arms up*)
Roly roly poly, roly roly poly.
Down, down, down. Down, down, down. (*Move baby's arms down*)
Other verses: Out, out, out; in, in, in. Fast, fast, fast; slow, slow, slow. Peek-a-boo. peek-a-boo; I love you. I love you.

See You Later, Alligator

See you later, alligator. (*Wave your hand*)
In a while, crocodile. (*Clap your hands*)
Give a hug, ladybug. (*Give baby a hug*)
Blow a kiss, jellyfish. (*Give baby a kiss*)
Bye, bye butterfly. Bye, bye, butterfly (*Wave your hands up and down*)

