

Virtual Hooked on Books

Join library staff on Zoom for book chats & fun: Tues. April 27th at 7:00! Sign up for free through Eventbrite on our website! https://www.eventbrite.ca/e/hooked-on-books-registration-113795908626

Everyday Heroines and Heroes

In books and movies, heroines and heroes often are larger-than-life superheroes. They do great deeds, sometimes have special powers, and often save the world from power-hungry maniacs, aliens or monsters.

In real life, heroines and heroes are often ordinary people who sometimes do small deeds or make sacrifices to help others.

Is there someone you know from your own life who is an everyday heroine/hero because of the things they have done to help others? It could be a one-time action, or a set of small ordinary actions that have a big impact over time. Fill out this chart, then write a paragraph or two about an everyday hero in your own life.

Everyday Heroines and Heroes		
A Few Examples:	Taking care of family members Taking care of animals	Helping the environment Helping strangers
Someone you know	Name:	
Relationship to you		
Heroic everyday activity		
What was the result?		
How did it impact you?		
Does this heroine/hero inspire you?		
Could you be an everyday heroine or hero? Yes or no?		
What's an action you could do?		
Can anybody be a real-life heroine or hero? Yes or no?		

Now write a paragraph or two describing the everyday hero in your life!









