## **HOOKED ON BOOKS**

Join library staff on Zoom for book chats & fun: Tuesday, February 23 at 7:00 PM! Sign up for free through Eventbrite on our website! <u>https://www.eventbrite.ca/e/hooked-on-books-registration-113795908626</u>

## **KINDESS BINGO**

Now, more than ever, it is important to show kindness and compassion to others. This is a fun activity to help you do just that. See how many ways you can get BINGO, the fuller the card, the better!

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Donate old clothes or books	Help set the table for dinner	Phone an elderly relative just to say 'hello'	Pick up a piece of litter and dispose of it properly	Thank your teacher for all their hard work
Bake some cookies and deliver it to your local fire/police station	Hide a happy note for someone to find	Support a local business	Have a family movie night	Use a reusable water bottle
Take a 20 minute exercise break	Tell your Mom/Dad/sibling(s) 5 things you love about them	FREE	Help a friend in need	Have a family dance party in your living room
Say 'thank you' to 3 essential workers	Tell a joke to someone to help them feel better	Do a chore without being asked	Instead of watching TV on your down time, try reading a book	Host a Zoom night with family/friends
Give your parent or caregiver a hug without them asking for one!	Put up an inspirational sign in your window	Write a thoughtful letter to a neighbor and leave it on their windshield	Make your bed without being told	Write a journal about your kindness journey



