

## Daily Baby Activities

<b>Sunday</b>	Place some different kinds of leaves from outside in a sealable, clear bag (like a Ziploc bag). Give the bag to your baby to explore.	As you dress your baby for a walk outside, tell them what items you are putting on them and for what body parts they're for.
<b>Monday</b>	Grab a few items around your home (i.e. plastic bowl, fresh diaper) to put on your head. As you put each one on, make silly faces for your baby.	When you're outside with your baby, look up at the clouds in the sky. Describe them to your baby (i.e. what colour they are, what they look like, etc.)
<b>Tuesday</b>	Give your baby some gourds of different sizes and colours for them to explore. Tell them about the colours, shapes, textures, etc.	With your baby in a stroller, walk over different surfaces. Describe them to your baby (i.e. "We're on the sidewalk. It's a bit bumpy.")
<b>Wednesday</b>	On a windy day, or in front of a fan, hold out light material (i.e. streamer, ribbon, tissue, etc.) and let your baby watch it move.	Use a bedsheet as a parachute for your baby. With the help of someone, lift the sheet for your baby to crawl under or shake it while they're on top.
<b>Thursday</b>	Squeeze a squishy toy in front of your baby. Then, give them the toy and see if they'll squeeze it too. Let them explore the toy with their hands and mouth.	Do a photoshoot outside, with a nature landscape, with your baby. Then, show your baby the pictures and describe what you both see in them (i.e. items, animals, family members, etc.)
<b>Friday</b>	Talk to your baby through an empty paper towel roll. See if your baby will talk or babble through the other end of the roll.	Place some fall-related items in a water bottle (i.e. pinecones, acorns, cinnamon sticks), then seal it and give to your baby to shake and explore.
<b>Saturday</b>	Throw a tissue (or something light) up in the air and let it fall to your hands. Help your baby throw the tissue in the air too.	With a cup of milk or water, blow bubbles with a straw. Pause and tell your baby that they're bubbles. Watch their reactions.

\*If you'd like, do the daily activities repeatedly, and on other days too! Repetition is key for babies to learn and develop.

# Turkey Name

Your little one can practice writing their name while making a cute little turkey. Great for ages 3 and up.

## What You Need:

- Construction paper
- Paper Plate
- Crayons and/or paint
- Googly eyes
- Scissors and Glue



## Directions:

1. Pre-cut a nose for the turkey, as well as, as many feathers needed for each letter of your child's name. The feathers should be cut out as long stretched out ovals.
2. Give your child a white paper plate and have them colour (or paint) the plate the colour they want their turkey to be. Let them use their imagination.
3. Have them glue on the nose and the eye.
4. On the feathers, have your child write their name - one letter per feather.
5. Once done, have them glue the letters of their name onto the turkey.

## Talking Points:

Talk to your little one about the letters in their name and what else starts with the same letter. Practice making the letters' sound as your child writes each letter.

Capital letters are easier for your child to write because it uses simple lines. However, when writing encourage your child to use both capital and lower case letters so they can learn both at the same time. This will help them recognize the letters sooner and is a strong predictor of later reading success.

# Pumpkin Pie

Letting your little one use glue helps build their coordination and visual motor skills. Great for ages 1.5 years and up.

## What You Need:

- Paper plate
- Orange and brown construction paper
- Cotton balls
- Glue
- Scissors



## Directions:

1. Cut a big pie slice out of a paper plate, as well as, cut brown and orange construction paper into mosaic size pieces (approx. 1 inch x 1 inch)
2. Have your little one put brown mosaic size pieces of construction paper on the edge of the plate, and the orange mosaic size pieces of construction paper onto the rest of the paper plate.
3. Have your little one add the cotton balls on top for the whipped cream.

## Talking Points:

Talk to your little one about glue. Ask them what happens if they squeeze too hard, or not hard enough. Talk to them about the colours they are using and ask them what else are those colours. Ask them how the cotton balls feel (soft, fluffy, light).

Although not a Thanksgiving book, [Bear Snores On](#) is a great book about gathering with friends. Watch the video of the book on [Kanopy Kids](#).

# Cutting Corn

Your little artist will practice their fine motor skills and eye hand coordination skill with this activity. Great for ages 3 years and up.

## What You Need:

- Yellow, blue and green construction paper
- Child friendly scissors
- Glue
- Cheerios or small gemstone stickers (optional)



## Directions:

1. Draw an outline of a piece of corn on a piece of yellow paper, and an outline of 2 husks on green paper.
2. Give your child a pair of child friendly scissors and have them cut out the corn and husks.
3. Have them glue the corn and husks onto a blue piece of construction paper.
4. Optional - have them glue on cheerios or stick gemstone stickers onto the corn.

## Talking Points:

Encourage your little one to practice their cutting skills. If they get frustrated hold the piece of paper and tell them the scissors are like an alligator - they open their mouth, and then they do little chomps to cut the paper.

Cutting with a proper scissor grasp, will give your child's fingers lots of practice in working together, and will help to strengthen their hand muscles. This in turn will help to improve their fine motor skills which is key to developing pencil control for good handwriting.

# Here are a couple of songs to sing to your little one...

## Tick Tock

Tick tock, tick tock. I'm a little cuckoo clock. (*Sway baby side to side*)

Tick tock, tick tock. Now I strike at one o'clock. (*Sway baby side to side*)

Cuckoo! (*Lift baby in the air once*).

Other verses: *strike at two o'clock... Cuckoo! Cuckoo!* (*Lift baby twice*); *strike at three o'clock... Cuckoo! Cuckoo!* (*Lift baby three times*)



## Baby Put Your Pants On

Baby, put your pants on, pants on, pants on. Baby, put your pants on. 1, 2, 3. (x2)

Leg to the left. Leg to the right. Wiggle and jiggle and pull them up tight. (x2)

Other verses: *shirt, socks, hat*



## Hurry, Hurry Drive the Firetruck

Hurry, hurry, drive the firetruck (x3) Ding, ding, ding, ding, ding.

Hurry, hurry, turn the corner (x3) Ding, ding, ding, ding, ding.

Hurry, hurry, climb the ladder (x3) Ding, ding, ding, ding, ding.

Hurry, hurry, squirt the water (x3) Ding, ding, ding, ding, ding.

Slowly, slowly back to the station (x3) Ding, ding, ding, ding, ding.