

## Daily Baby Activities

<b>Sunday</b>	Count your baby's fingers and toes and point to each one that you count. Count them again, but this time, kiss or tickle each one!	Before dressing your baby, look at the mirror and show your baby how many body parts they have and point to them (i.e. "You have two arms. 1, 2.")
<b>Monday</b>	Once your baby is eating solids, give them some biscuits or other countable snacks, and count each one you give them.	Show your baby how to clean up the toys, such as placing them in a toy box. Ask your baby to help you clean up and count each toy you are putting away.
<b>Tuesday</b>	Go around your home and find items with numbers on them (i.e. books, toys, etc.). Tell your baby what numbers they see.	Place your hands under your baby's underarms. Guide them to a standing position and encourage them to walk a few steps. Count each step.
<b>Wednesday</b>	Go around your home looking for items in multiples, then count them with your baby, such as the number of toilet paper rolls in the bathroom or the number of shoes at the door.	Cut up some food (if not already small, but safe enough for your baby to eat), like pieces of a banana. Place in front of your baby and encourage them to pick up the food with their fingers.
<b>Thursday</b>	Using blocks, build a tower with your baby. Then, count each block that's stacked.	Look out the window with your baby and count the items you see outside (i.e. "I see cars. 1, 2.").
<b>Friday</b>	With containers of different sizes, show your baby how the smaller container can fit into the bigger ones.	Give your baby two toys - one for each hand. Give them a third toy. See if they'll trade, drop one, or manage to hold all three in some way.
<b>Saturday</b>	As you're cleaning up, count backwards with your baby, (i.e. from 10 to 1) and when you get to 1, show excitement and say, "We're done!"	Have your hand up high and help you baby do the same. Count the fingers on both of your hands, then slowly give them a light high-five!

*\*If you'd like, do the daily activities repeatedly, and on other days too! Repetition is key for babies to learn and develop.*

# Drumming with Pots

*Your little one will love banging on all the pots and pans you have in the kitchen. Great for ages 1 year and up.*

## What You Need:

- Wooden spoon
- Pots & pans
- Large plastic or stainless-steel bowls

## Directions:

1. Gather all the pots and pans you can find in your kitchen and put them on the floor upside down.
2. Give your little one a wooden spoon and show them how to bang on the pots/pans/bowls.

## Talking Points:

Talk to your little one about music. Explain how different sized pots/pans/bowls make different sounds. Show them how you can bang the pot hard to make a loud sound or bang the pot softly to make a quiet sound.



If your little one is 2.5 years or older try to have them repeat a beat by having an adult bang a pot a specific way (3-5) times and then having your little one repeat the same beat. For example, fast, fast, slow or loud, quiet, loud, quiet.

If your little one is 3.5 years or older try to have them bang the drums to words. For example, kangaroo has 3 syllables, so they would say the word as they banged it out kang-a-roo.

Borrow the book [Tanka Tanka Skunk!](#) by Steve Webb from [Vaughan Public Libraries](#).

# Drawing Music

Let your little one's artistic imagination come to life in this fun and easy activity. Great for ages 1 year and older.

## What You Need:

- Blank piece of paper
- Drawing tools (such as paint, crayons, markers, or oil pastels)
- Classical music

## Directions:

1. Turn on some classical music.
2. Give your little one a piece of blank paper and some drawing tools.
3. Encourage your little one to draw to the music.

## Talking Points:

Talk to your little one about the music and what they are drawing. Encourage your little one to draw to the music - if the music is fast, encourage them to draw fast, if the music slows down, encourage them to draw slow. Let them create their musical masterpiece.

If you are able, identify some of the musical instruments and tell your little one about them (i.e. violin, piano, percussions, horns)

On VPL's database, [TumbleBook Library](#), watch the storybook, [Dance of the Violin](#) by Kathy Stinson.



# Make a Kazoo

*Your little musician will learn how to make a musical instrument using simple everyday house supplies.  
Great for ages 2.5 years and up.*

## What You Need:

- Paint and paint brush
- Stickers
- Toilet paper roll
- Wax paper
- Rubber band
- Wooden dowel (or other small sharp object to poke some holes)

## Directions:

1. Paint a toilet paper roll any colour.
2. Let dry.
3. Have your little one decorate the toilet paper roll with some stickers.
4. Place a piece of wax paper over one end of the toilet paper roll and fasten it down with a rubber band.
5. Have an adult poke some small holes into the wax paper with something sharp, such as a wooden dowel, or a pencil.
6. Show your little one how they can place their mouth over the other end of the toilet paper roll and sing/hum into the homemade kazoo to make music.



## Talking Points:

Talk to your little one about music and how to make noise by blowing into the kazoo in different ways. Depending on how many people are in your household, have everyone play a different instrument to make an orchestra! Musical instruments can be the homemade kazoo, the pot as a drum, two spoons to tap together, a plastic container filled with some rice, and anything else you can think of that makes a sound.

Borrow the book [The Very Noisy Bear](#) by Nick Bland from [Vaughan Public Libraries](#).

## Here are a couple of songs to sing to your little one...



### 10 Little Fingers

I have one, I have two, I have three little fingers. I have four, I have five, I have six little fingers. I have seven, I have eight, I have nine little fingers. Ten little fingers on my hands!  
They can wiggle, they can wiggle, they can wiggle in the morning.  
They can wiggle, they can wiggle, they can wiggle in the evening.  
They can wiggle, they can wiggle, they can wiggle in the moonlight. Ten little fingers on my hands!  
*Other verses: They can clap; they can tickle*

### Bubble, Bubble, Pop!

One little red fish swimming in the water, swimming in the water, swimming in the water.  
One little red fish swimming in the water. Bubble, bubble, bubble, bubble pop!  
*Other verses: Two little blue fish, three little green fish, etc.  
(Increase numbers and change the colours as you continue singing).*



### Zoom Zoom Zoom

Zoom, zoom, zoom, we're going to the moon. Zoom, zoom, zoom, we're going to the moon.  
If you want to take a trip, climb aboard my rocket ship.  
Zoom, zoom, zoom, we're going to the moon.  
In 5, 4, 3, 2, 1, blast off!  
*Other verses: far, far, far, we're going to the stars; fun, fun, fun, we're going to the sun*

