

Spring Activities with your Baby



When you're outside with your baby, look and point to the flowers and plants. Describe them to your baby, especially what colours they are.

Safety Tip!

Whenever you take your baby outside, don't forget to put sunscreen on them (even if it's not that sunny!)

Do a photoshoot outside, with a spring-like, flowery landscape, with your baby. Then, show your baby the pictures and describe what you both see in them (i.e. items, animals, family members, etc.)

On a windy day, or in front of a fan, hold out light material (i.e. streamer, ribbon, tissue, etc.) and let your baby watch it move.

Go on a picnic with your baby, either at the park, or in your own backyard! Bring a comfy blanket for your baby to lie on.

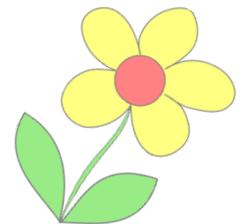
As you dress your baby for a walk outside, tell them what items you are putting on them and for what body parts they're for (i.e. "This hat is for your head")

Take tummy time outside! Lie on a blanket on the grass or another soft surface and place your baby's tummy on the blanket.

Go for a walk with your baby in the stroller. Go over different surfaces (i.e. grass, sidewalk) and tell your little one what surface it is and how it feels (i.e. "The sidewalk is a little bumpy.")

Blow bubbles for your baby so they can watch them float away. When the bubbles pop, say "pop".

Go for a walk outside with your baby and describe all the things in nature you see and hear (i.e. "The birds are chirping.")



Songs to Sing to your Baby

Here is the Beehive

Here is the beehive, but where are the bees?

(Close fist and pretend it's a beehive)

Hidden away where nobody sees.

Watch as they come out of their hive.

(Open fist, and reveal each finger as you count)

1, 2, 3, 4, 5! They're alive! Buzzz!

(Wiggle fingers)



Spring Song

(Tune: The Farmer in the Dell)

The sun is shining bright. The sun is shining bright.
Oh how I love the warmth. The sun is shining bright.

The rain is falling down. The rain is falling down.
Oh how I love the sound. The rain is falling down.

Singing Tip!

To make "Here is the Beehive" even more fun for your baby, put on a glove, and cut out 5 little pictures of bees and tape them to each finger, so when you reveal your fingers in the rhyme, you're also revealing the bees!



Singing Tip!

Sing the "Spring Song" when you're out for a walk with your baby. If it's sunny outside, sing the "sun is shining..." verse. If it's raining outside, sing the "rain is falling... verse".