

# Scarf and Shaker Activities with your Baby

Give your baby a rattle or a noisy toy. Hold one as well and show your baby how it makes noise (i.e. shaking it, rolling it, etc.)

Lay your baby on their back and sway a scarf over them and gently over their face. Move it in different directions above them (i.e. side to side, round and round, etc.).

Throw a tissue, a scarf (or something light) up in the air and let it fall to your hands. Help your baby throw it too. Say "up" and "down" as it moves.

In front of a fan, hold out light material (i.e. streamer, ribbon, tissue, scarf) and have your baby watch it move.

Fill a clear plastic bottle with small, hard objects (i.e. rice, dried pasta, beans). Seal and glue on the lid, and let your baby explore and shake it!

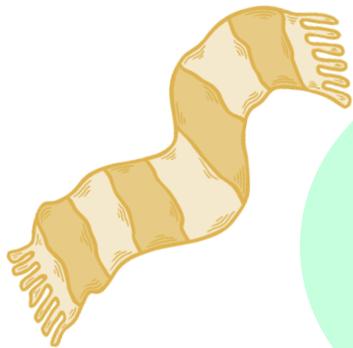
Place different kinds of scarves or fabric inside a box or a basket and encourage your baby to pick one up and explore the textures, colours, etc.



Wave two pieces of coloured fabric back and forth. Give to your baby to see if they will copy you.

Grab a scarf and do various movements in front of your baby, such as shaking it and throwing it in the air. Then, pass the scarf to your baby to play with.

Shake a rattle in front of your baby, then to their sides, above their head, behind them, etc. Watch them as they move their eyes and head to the sound.



# Songs to Sing to your Baby

## Popcorn Kernels (Scarf Song)

Popcorn kernels. Popcorn kernels.  
In the pot. In the pot.  
Shake them, shake them, shake them.  
Shake them, shake them, shake them.  
Till they pop. Till they pop.

## Here's a little Turtle (Scarf Song)

Here's a little turtle, hiding in its shell.  
Here's a little turtle that we love so well.  
He always moves slowly. He never moves fast.  
Until he pops out to say hello at last!  
"Hello"

## The Milkshake Song (Shaker Song)

You take a little milk. Pour some milk.  
You take a little cream. Pour some cream.  
You stir it all up. You shake it and you sing...  
Milkshake, milkshake, shake it up, shake it up.  
Milkshake, milkshake, shake it all up!

## If You're Happy and You Know It (Shaker or Scarf Song)

If you're happy and you know it, shake your scarf/shaker. (x2)  
If you're happy and you know it,  
And you really want to show it.  
If you're happy and you know it, shake your scarf/shaker  
*Other verses: Shake it fast, shake it slow, shake it high,  
shake it low*

