

Peek-a-boo Games with your Baby

Direct your baby's hands to slightly cover their eyes, then remove them from their face and say, "Peek-a-boo!"

Hide behind someone that your baby is facing. Then, peek your head out from one side and say, "Peek-a-boo!" Hide again, then reappear from another side.

Place a towel or a blanket over a toy. Ask your baby where the toy is, then lift the towel or blanket and say, "There it is!"

Using clear containers or lids, play peek-a-boo with your baby. If your baby is not a fan of seeing you disappear, this is a great way for them to still see you.

Before you make your bed, place your baby on the bed and throw the sheet over them. Then, pull the sheet down and say, "Peek-a-boo!"

Hide a toy that makes continuous noise on its own and encourage your baby to find it.

Cover your baby's body part (i.e. leg, arm) with a blanket. Ask your baby, "Where is your [body part]?" Then, remove the blanket to reveal the body part.

While your baby is on their back, bring their legs and feet up and hide your face behind them. Then, reveal yourself and say, "Peek-a-boo!"

Hide behind the drapes (or under a blanket). Talk to your baby as you're hidden. See if they'll grab the drapes or the blanket to find you.

Explore each room in your home with your baby. Ask them, "What's in here?" or "Who is in here?" Then, tell them what or who is inside each room.

Songs to Sing to your Baby

Ack-a Backa Soda Cracker

Ack-a backa soda cracker, ack-a backa boo.
Ack-a backa soda cracker, up goes you!
(Lift baby in the air)
Ack-a backa soda cracker, ack-a backa boo.
Ack-a backa soda cracker, I love you!
(Give baby a squeeze)

Peek-a-boo!

(Tune: Frere Jacques)
Peek-a-boo, peek-a-boo!
I see you, I see you!
I see your button nose, and your tiny toes.
I see you! Peek-a-boo!

Where's My Baby?

(Tune: Skip to my Lou)

Where's my baby? Peek-a-boo!
Where's my baby? Peek-a-boo!
Where's my baby? Peek-a-boo!
Peek-a-boo to baby!



Singing Tip!

If your baby is not a fan of peek-a-boo, or seeing you disappear momentarily, sing these peek-a-boo songs with something transparent (i.e. a light scarf), so they can still see you.