



RECOMMENDED

READS, MOVIES & MORE!

OCTOBER 2022



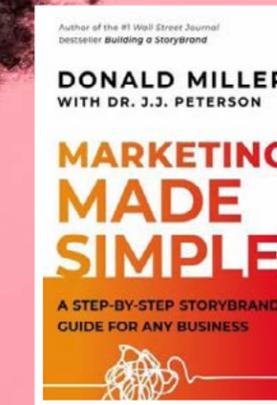
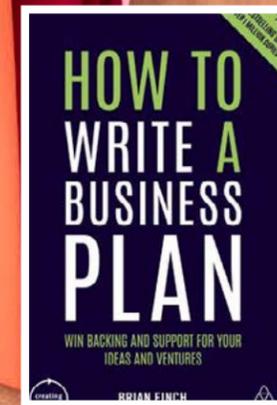
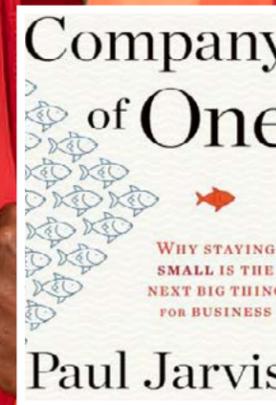
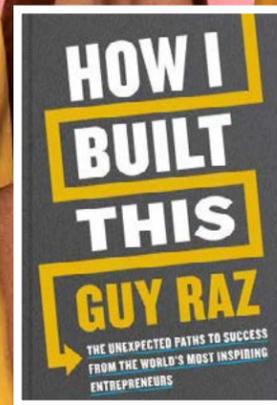
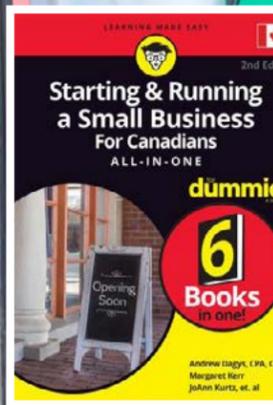
9 Great Books
for Your Small
Business

PLUS OUR LISTS OF

Stories that will keep you up at night,
teen titles for women's history month,
inspiring books to get kids moving and
SO MUCH MORE!



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9 Great Books for Your Small Business

Starting & Running a Small Business for Canadians All-in-one

by John Buchaca

Do you have an exciting business idea you would like to pursue? This informative book covers all the aspects of starting and operating a small business.

Secrets to a Successful Startup

by Trevor Blake

Have you ever wondered why some startup companies thrive and others fail? Filled with amazing real-life stories, the book reveals the secrets to becoming a successful entrepreneur.

How I Built This

by Guy Raz

In this insightful book, the author shares inspiring stories from different entrepreneurs and offers smart advice on how to turn your dream into reality.

Company of One

by Paul Jarvis

Is it possible to achieve sustainable results by operating a company of one? This straightforward book questions growth and highlights the advantages of staying small.

How to Write a Business Plan

by Brian Finch

How to develop a business plan that will make an impact and attract potential investors? This book will guide you through all the components of a typical business plan and set you up for success.

Startup Money Made Easy

by Maria Aspan

How much money do you need to start a business? This helpful resource will answer all your financial questions about starting and expanding your business.

Target Funding

by Kedma Ough

There are various funding opportunities available for any startup. This book will help you assess your needs and locate the necessary funds to support your business.

See You on the Internet

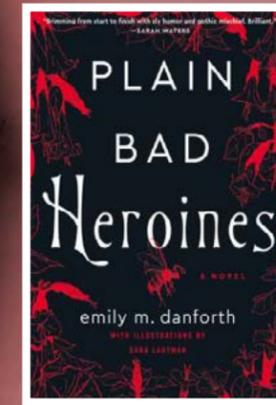
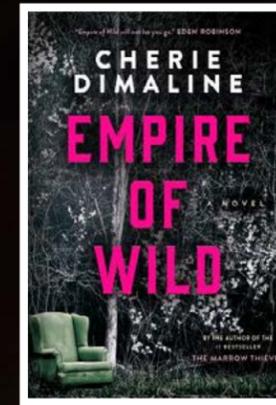
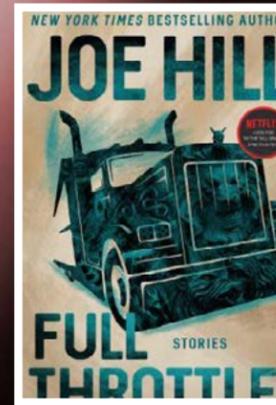
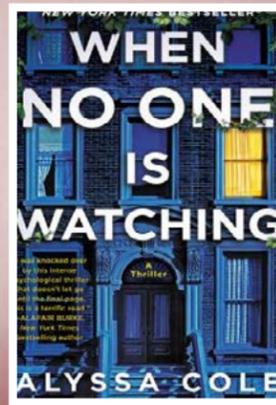
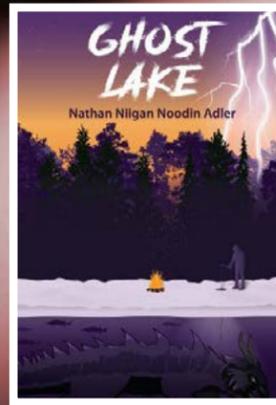
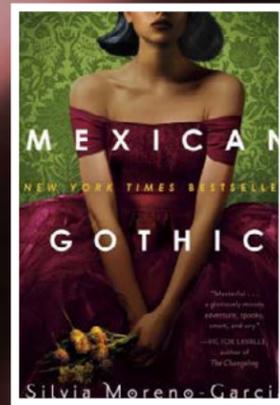
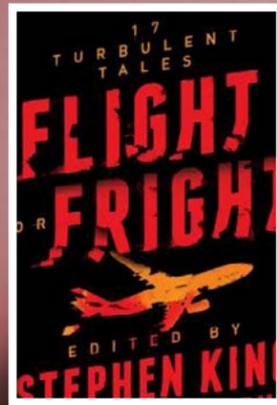
by Avery Swartz

How to create and maintain an effective online presence? Detailed and practical, this guide examines the key aspects of digital marketing and provides tips on how to promote your small business on the internet.

Marketing Made Simple

by Donald Miller

How to attract more customers and grow your brand in the marketplace? This impactful resource shows how to build an effective sales funnel and increase profitability.



8 Spine-Tingling Stories that Will Keep You Up at Night

[Flight or Fright](#)

These suspenseful stories of air travel gone wrong from popular authors such as Stephen King and Ray Bradbury may give you a fear of flying.

[Mexican Gothic](#)

by Silvia Moreno-Garcia

When socialite Noemí is sent to check on her cousin at a remote villa, she discovers a house infested with a mysterious fungus and a family that is not what they seem. A creepy, atmospheric gothic horror novel.

[Ghost Lake](#)

by Nathan Niigan Noodin Adler

Based on traditional Anishinaabeg stories, the chilling adventures in these thirteen interconnected tales are sure to have you on the edge of your seat.

[When No One Is Watching](#)

by Alyssa Cole

When Sydney begins researching her rapidly gentrifying, historically Black Brooklyn neighbourhood, she discovers there may be something sinister afoot. A suspenseful, pulse-pounding thriller.

[Full Throttle](#)

by Joe Hill

Joe Hill presents thirteen tales full of plot twists, complex characters, immersive settings, and, of course, plenty of scares.

[Empire of Wild](#)

by Cherie Dimaline

When Joan's missing husband, Victor, reappears but no longer recognizes her, she suspects he's been possessed by a Rogarou, a mythical half-man, half-wolf creature. Sharp writing and a fast-moving plot make this a page-turner you won't forget.

[Plain Bad Heroines](#)

by Emily M. Danforth

This engaging novel spanning multiple timelines follows the strange happenings at Brookhants School for Girls, including the mysterious deaths of two students.

[Imaginary Friend](#)

by Stephen Chbosky

When seven-year-old Christopher returns after disappearing into the woods, he starts hearing a voice telling him to do things. Meanwhile, a strange illness is spreading throughout town. A creepy and compelling small-town horror story.



10 Teen Titles for Women's History Month

[It's All Love](#)

by Jenna Ortega

Words of wisdom from young Hollywood actor Jenna Ortega, who shares her journeys in acting, mental health, love, and family. An uplifting and inspiring read.

[Colour Me In](#)

by Natasha Diaz

In this coming-of-age novel, 15 year old Naveah is half-Jewish, half-Black. She grapples with issues like privilege, racism, love, and finding community.

[Girlhood](#)

by Melissa Febos

This essay collection examines the forces and power structures that bend and shape female identity from childhood to adulthood—and how to break free of them.

[All My Rage](#)

by Sabaa Tahir

This timely story traces the intergenerational experiences of two Pakistani-American families, exploring themes like arranged marriage, family, ambition, and forgiveness.

[Cheer Up](#)

by Crystal Frasier

Annie is a sarcastic A student. Bebe is the first trans girl on the cheer squad. When Annie joins the squad for extracurriculars, the two girls rekindle a friendship—and discover something more.

[Firekeeper's Daughter](#)

by Angeline Boulley

When a string of deaths keeps her home from university, biracial Ojibwe teen Daunis gets caught up in a dangerous investigation. An emotional, compelling look at Indigenous identity in the modern world.

[Last Night at the Telegraph Club](#)

by Malinda Lo

San Francisco's Chinatown, 1954. A dangerous time for 17 year old Lily Hu to fall in love with another girl. Impeccably detailed, this romantic story highlights the struggles of post-war Chinese immigrants.

[How to Cure a Ghost](#)

by Fariha Róisín

A highly personal poetry collection about self-loathing and self-acceptance by a queer Muslim woman, exploring a fraught mother-daughter relationship, feminism, and intersectional identities.

[The Astonishing Color of After](#)

by Emily X. R. Pan

Rocked by her mother's suicide, Leigh travels to Taiwan to find answers about her mother's past. Along the way, she gets to know her grandparents, deals with grief, and, ultimately, finds hope.

[Skim](#)

by Mariko Tamaki

This graphic novel from Toronto-based author Tamiko Maraki might take place in the early 90s, but the angst of growing up, navigating high school, and dealing with peers transcends generations.





10 Terrifying Tales for Teens

[Brain Camp](#)

by Susan Kim

In this gory graphic novel, Jenna and Lucas suspect there is something sinister happening at their summer camp.

[Within These Wicked Walls](#)

by Lauren Blackwood

When struggling exorcist Andromeda is hired by the wealthy Magnus Rochester to rid his home of the Evil Eye, her career hinges on succeeding where others have failed. A fast-paced blend of horror, suspense, and romance.

[The Dark Missions of Edgar Brim](#)

by Shane Peacock

In this hair-raising historical fiction, Edgar Brim must face his fears when he learns that the monsters he has read about in stories might actually be real.

[Three Dark Crowns](#)

by Kendare Blake

In this richly detailed fantasy thriller, three triplet sisters, each with her own magical ability, must fight to the death on their sixteenth birthday to become Queen.

[Bent Heavens](#)

by Daniel Kraus

Liv never believed her father was abducted by aliens, until she encounters one herself. Her quest for revenge leads to some gruesome discoveries in this dark and disturbing novel that explores the lengths we will go to for our loved ones.

[Burn Down, Rise Up](#)

by Vincent Tirado

Missing persons cases are on the rise, and Raquel suspects it may be connected to an old urban legend rumoured to trap people inside the subway tunnels. An action-packed page-turner that will give you chills.

[The Devils You Know](#)

by M. C. Atwood

Five teens on a class trip to a historic home discover the owner collected more than just artifacts - he now collects souls from beyond the grave. A twisted tale that combines horror and humour.

[The Stitches](#)

by Lorien Lawrence

In this creepy small-town mystery, teens Mike and Quinn are determined to find out why their elderly neighbours, "the Oldies," never seem to age.

[And the Trees Crept In](#)

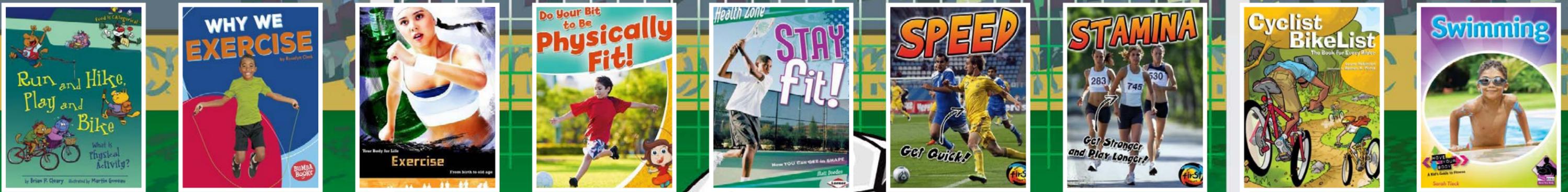
by Dawn Kurtagich

Silla and her sister, Nori, escape their abusive father only to become trapped in the attic of their aunt's cursed manor house with little food and a dark figure called the Creeper Man lurking outside. A haunting horror story full of twists.

[Don't Stay Up Late](#)

by R. L. Stine

Since surviving the car accident that killed her father, Lisa has been having nightmares. She takes a babysitting job as a distraction but gets more than she bargained for in this frightening fiction from bestselling author R. L. Stine.



9 Inspiring Books to Get Kids Moving

[Run and Hike, Play and Bike](#)

by Brian P. Cleary

What is physical activity? This brilliant book highlights the importance of exercise and provides lots of interesting ideas for outdoor activities.

[Why We Exercise](#)

by Rosalyn Clark

Active playtime is essential for both your body and mind. Vibrant and thoughtful, this manual encourages our young readers to engage in fun physical activities.

[Exercise](#)

by Andrew Solway

As you grow older, the types of physical activity that work best for you change. The author explains how to choose the right exercise for your age to enhance your health and wellness.

[Do Your Bit to Be Physically Fit!](#)

by Rebecca Sjonger

It's recommended that children get at least 60 minutes of exercise per day. This insightful resource explores the lifelong benefits of regular physical activity and encourages children to get moving.

[Stay Fit!](#)

by Matt Doeden

Learn more about the different components of physical fitness and see what measures you can take to stay healthy. The book also includes a sample of a physical activity log to help you with your fitness goals.

[Speed](#)

by Ellen Labrecque

Do you want to run fast? In this practical book, you'll discover easy-to-follow exercises you can do to develop the right kind of muscles and improve your speed.

[Stamina](#)

by Ellen Labrecque

What is the best way to build and increase stamina? Full of helpful tips and advice, this book will help you get stronger and play longer.

[Cyclist BikeList](#)

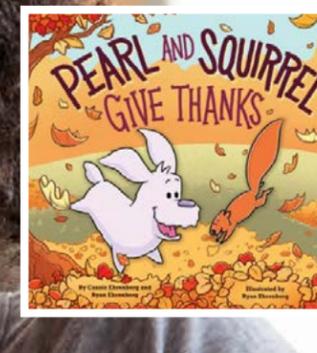
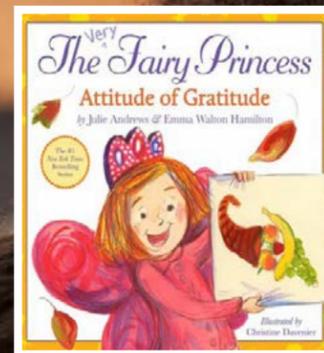
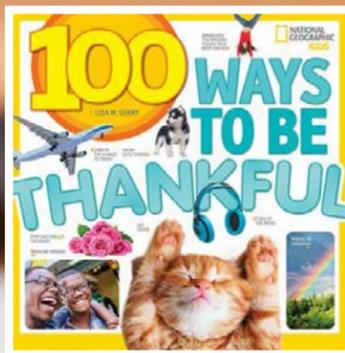
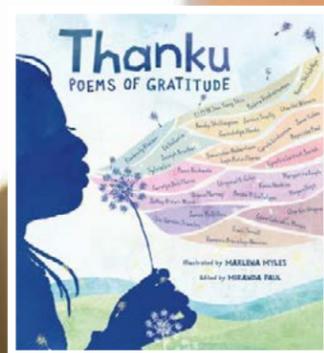
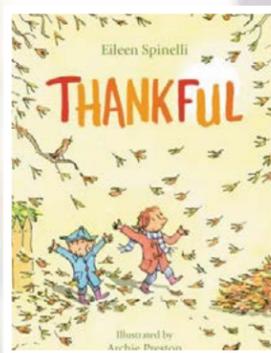
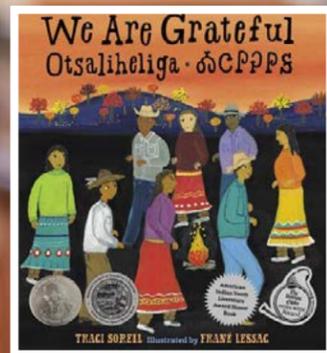
by Laura Robinson

Cycling is a great way to keep children active and happy. Beautifully illustrated and informative, this guide provides useful instructions on how to choose the proper bike and ride safely.

[Swimming](#)

by Sarah Tieck

Swimming is an aerobic exercise that strengthens your heart and lungs. This entertaining book will help you learn more about the basic swimming strokes and water safety. Ready? Set? Go!



8 Books to Help Kids Feel Thankful

We Are Grateful

by Traci Sorrell

Follow the Cherokee tradition of otsaliheliga (expressing gratitude) throughout the year, beginning with the autumnal new year. A warm celebration of community and tradition.

Thankful

by Eileen Spinelli

Two siblings imagine what the people around them are grateful for in this charming story told in simple rhymes.

Thanku Poems of Gratitude

by Various Authors)

Puppies? Hot cocoa? This book of children's poetry collects 32 works from diverse authors, using different poetic techniques to explore themes of gratitude for everyday things.

100 Ways to Be Thankful

by Lisa Gerry

Whether it's wondering at nature or enjoying a snow day, kids can learn some fun, practical strategies for mindfulness in this National Geographic collection.

Attitude of Gratitude

by Julie Andrews

It's Gratitude Day at school, and Gerry is ready to share her gratefulness with her classmates! But when disaster strikes, will she be able to keep her positive attitude?

Friendsgiving

by Nancy Siscoe

Berry, Ginger, and Willow make some new friends—and start a new tradition! —in this heartwarming story about the importance of friendship and generosity.

Pearl and Squirrel Give Thanks

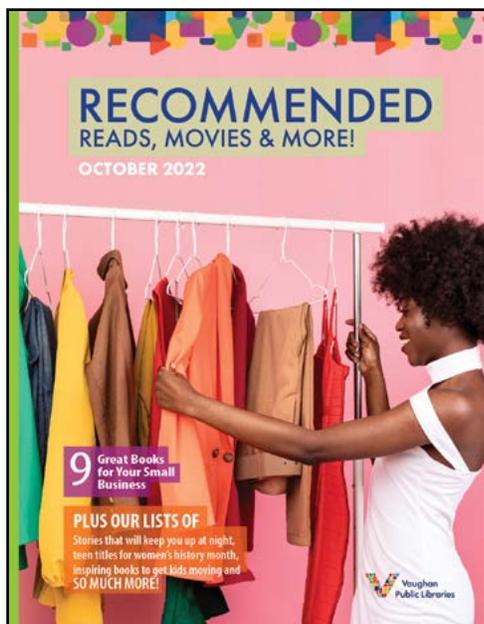
by Cassie Ehrenberg

Pearl and Squirrel are opposites: one outgoing and one shy. On Thanksgiving morning, they roam the city giving thanks for all the different things they love—but most importantly, for their friendship.

The Thank You Letter

by Jane Cabrera

After an amazing birthday, Grace wants to share her joy. When she sends thank you notes all over town, she starts to receive love notes back! A touching lesson in expressing gratitude.



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