<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Sunday</td>
<td>Shake a rattle in front of your baby, then to their sides, above their head, etc. Watch them as they move their eyes and head to the sound.</td>
<td>Throw a tissue (or something light) up in the air and let it fall to your hands. Help your baby throw the tissue in the air too.</td>
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<td>Monday</td>
<td>With a cup of milk or water, blow bubbles with a straw. Pause and tell your baby that they're bubbles. Watch their reactions.</td>
<td>Place an ice cube in front of your baby and see what they do with it (i.e. grab it, avoid it, etc.) Tell your baby what it is, how it feels (cold), etc.</td>
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<td>Tuesday</td>
<td>On a windy day, or in front of a fan, hold out light material (i.e. streamer, ribbon, tissue, etc.) and let your baby watch it move.</td>
<td>Talk to your baby through an empty paper towel roll. See if your baby will talk or babble through the other end of the roll.</td>
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<td>Wednesday</td>
<td>Look at pictures of animals and tell your baby what animal it is and what sound they make.</td>
<td>Sit your baby on a big ball or a beach ball. Hold on to their waist as you sway or move them around.</td>
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<td>Thursday</td>
<td>Put music on and show your baby simple dance moves, such as bobbing your head or shaking your hips. See if your baby copies you or creates moves of their own.</td>
<td>Place various items in a bag. Have your baby grab an item. Help them squeeze their hand if they have trouble grasping. Once you see what they grabbed, tell them what it is and describe it.</td>
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<td>Friday</td>
<td>Look at family pictures and tell your baby who each member of the family is and what occasion the picture was taken at.</td>
<td>Fill a bucket with water and place various items inside and tell your baby if they float or sink. Encourage your baby to put items in the bucket too.</td>
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<td>Saturday</td>
<td>Place pretend food, blocks, or any toys that are medium-sized, in a pot. Give your baby a large spoon for them to stir with.</td>
<td>Using clear containers or lids, play peek-a-boo with your baby. If your baby is not a fan of seeing you disappear, this is a great way for them to still see you.</td>
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*If you’d like, do the daily activities repeatedly, and on other days too! Repetition is key for babies to learn and develop.*
Homemade Playdoh

Your little sous-chef will learn how to make playdoh with simple ingredients found in the kitchen. Great for ages 1.5 years and up.

What You Need:

- 1 cup water
- 1 tablespoon vegetable oil
- 1/2 cup salt
- 1 cup flour
- 1 tablespoon cream of tartar
- Food colouring
- Pot & wooden spoon
- Ziplock bag, jar, or container (for storage)

The cream of tartar is the secret ingredient that makes this dough last 6 months or longer. You can find it in most grocery stores in the baking section.

Directions:

1. Have your little one choose what colour of playdoh they will make by picking out one of the containers of food colouring.
2. Have an adult combine water, oil, salt, cream of tartar, and food coloring in a pot and heat until warm.
3. Remove from heat and add flour.
4. Knead the ingredients. Once it cools down a bit, you can have your little one help knead until smooth.
5. After use, store playdoh in a sealed Ziplock bag, jar, or container.
6. To make more colours, repeat steps 1-5 with different colours of food colouring.

Talking Points:
Ask them what colour playdoh they want to make and talk about other things that are the same colour. Talk to your little one about how the playdoh feels on their hands (i.e. warm and squishy).

Talk to your little one about how you are reading a recipe to make the playdoh with them. Tell them about every ingredient that you are adding to the pot and let them smell it and even taste it (if they want).
Playdoh Shapes

Your little learner will be able to create shapes using one of their favourite things to play with - playdoh!
Great for ages 1.5 years and up.

What You Need:

• Homemade playdoh (see recipe above)
• Paper (either to draw your own shapes, or to print the template)
• Markers (if not using the template)

Directions:

1. Have an adult draw some different shapes onto a few pieces of paper or print out the template on the following two pages.
2. Give your little one the playdoh and the pieces of papers with the shapes on them.
3. Show your little one how to roll the playdoh to make long 'snakes'. And then have them try too.
4. Have your little one place the long rolls of playdoh onto the shape images to 'trace' them.

Talking Points:
Talk to your child about the different shapes they are making and sing the shapes songs (found on the last page of the "Week of June 7th document) to them.

Ask them about what other objects are the same shape or if they can find an object in the room that is also the same shape. See what else they can make with the long rolls of playdoh, or if they think it looks like a 'snake' or something else.
Playdoh Numbers

Your little learner will be able to practice their numbers using one of their favourite things to play with – playdoh! Great for ages 2 years and up.

What You Need:
• Homemade playdoh (see recipe on page 2)
• Paper (either to draw your own tree and cookie jar, or to print the template)
• Markers (for writing the numbers on the paper, or to draw the template)

Directions:
1. Have an adult draw a tree or cookie jar on a piece of paper or print out the template on the following two pages.
2. Write a number beside the image.
3. Give your little one the playdoh and the pieces of papers with the numbers on them.
4. Show your little one how to make little balls for the apples, or little balls that they then squish with the palm of their hands to make cookies. Have your little one try too.
5. Have your little one add the corresponding number of 'apples' on the tree or 'cookies' in the jar.
6. Repeat with other numbers.

Talking Points:
Talk to your child about numbers and encourage them to count the 'apples/cookies' as they add them to the 'tree/jar'.

If your child is a little older, you can add a few 'apples/cookies' to the 'tree/jar' and ask them how many more they need to add. Or if they have mastered numbers 1-10, then try numbers 11-20.
How many cookies are in the jar?
How many apples are in the tree?
Here are a couple of songs to sing to your little one...

**Tick Tock**
Tick tock, tick tock. I'm a little cuckoo clock. *(Sway baby side to side)*
Tick tock, tick tock. Now I strike at one o'clock. *(Sway baby side to side)*
Cuckoo! *(Lift baby in the air once)*.
*Other verses: strike at two o'clock... Cuckoo! Cuckoo! (Lift baby twice); strike at three o’clock... Cuckoo! Cuckoo! Cuckoo! (Lift baby three times)*

**A Bouncing We Will Go**
A bouncing we will go, a bouncing we will go.
Hi-ho the derry-o, a bouncing we will go.
*Other verses: a rocking we will go, a tickling we will go, the arms go up and down, the legs go back and forth*

**Take Me Out to the Ballpark**
Take me out to the ballpark. Take me outside to play.
Green, green grass, and the blue, blue sky,
And other babies go racing by.
Let me play, play, play in the sandbox.
Then push me high in the swing.
For it’s one, two, three swings I’m up, and that’s why I sing!