

10-10-10

by WELCH, SUZY

This book offers an inspiring and practical new way to approach every dilemma, messy decision, or life choice to reclaim your life. The rule is deceptively simple: when faced with a decision, determine the consequences and outcomes of your various options in 10 minutes, 10 months, and 10 years. A simple rule but the results are extraordinary. O, THE OPRAH MAGAZINE readers have been relying on this innovative life-management device since Welch first introduced it.

SELF-HELP

MARCH

A SHADOW ON THE HOUSEHOLD

by PRINCE, BRYAN

Bryan Prince, a descendant of slaves, brings to life the heart-wrenching story of the Weems family and their struggle to liberate themselves from slavery and make a new life in Canada. Mining newspapers, private letters, diaries, estate records, marriage registries, and abolitionist papers for details of a story cloaked in secrecy, Prince has rescued the Weems family and their plight from historical oblivion. The family saga must be read to be believed.

HISTORY

MARCH

AU REVOIR TO ALL THAT

by STEINBERGER, MICHAEL

Food, Wine, and the Decline of France. France is in a rut, and so is French cuisine. How this happened and what is being done to revive the gastronomic arts in France are the questions at the heart of this book. Steinberger meets top chefs, winemakers, farmers, bakers, and other artisans, and interviews others involved in the upheaval. The result is a striking portrait of a cuisine and a country in transition.

COOKING

APRIL

BETTER LATE THAN NEVER: MY STORY

by GOODMAN, LEN

This is the extraordinary story of how a man born into poverty in London's East End went on to find stardom late in life when he was chosen to be head judge on BBC's "Strictly Come Dancing." Len will be telling all about his new-found fame, not only his experience with the BBC show, but also on the #1 American show, "Dancing With the Stars," and his encounters with the likes of Heather Mills McCartney. Funny and heartwarming! A great celebrity bio!

BIOGRAPHY

OCTOBER

BITS OF ME ARE FALLING APART: HOW WE GET OLDER AND WHY by LEITH, WILLIAM

This book is a worthy follow-up to *THE HUNGRY YEARS*, in which Leith explored his addictions and the chemistry, psychology, and philosophy behind them. Now he pens a hilarious, horrendous, and ultimately helpful memoir about the aging process in all humans - what science tells us about it and what we might be able to do to arrest it.

BIOGRAPHY

FEBRUARY

BRAND NEW WORLD

by LENDERMAN, MAX

We live in a brand new world, where marketing is taking on incredible new forms, especially in the hyper-developing countries of Brazil, Russia, India, and China. Drawing from over two years of extensive travel and research, award-winning creative director Max Lenderman shares groundbreaking marketing strategies and business models that every savvy marketer and corporate visionary needs to understand. Brisk, fascinating and a little shocking!

BUSINESS

MARCH

BULLETPROOF YOUR JOB

by VISCUSI, STEPHEN

Executive recruiter, workplace expert, and provocative television and radio personality Stephen Viscusi offers a comprehensive authoritative, and up-to-the minute guide to making the most of an uncertain job economy. It's about that 'gray' area: how well you get along with your co-workers, how visible you are in the organization, or how good you make your boss look.

BUSINESS

SEPTEMBER 2008

CAMP NURSE

by SHALOF, TILDA

The bestselling, critically acclaimed author of *A NURSE'S STORY* and *THE MAKING OF A NURSE* is back to describe her experiences as a summer camp nurse. The anecdotes are told in a light-hearted tone, full of good humour and lots of laughs. Shalof's stories are wildly entertaining and will satisfy the twinges of nostalgia every parent feels when sending their kids away to camp.

BIOGRAPHY

MARCH



CARBON SHIFT

by HORNER-DIXON, THOMAS

Thomas Homer-Dixon is "one of the best-informed and most intelligent writers on global affairs today," according to THE GUARDIAN. He brings together six of Canada's world-class experts to tackle the looming convergence of two crises: dwindling oil supplies and global warming. This is a good book for raising questions and encouraging debate, both political and ecological. .

SOCIAL SCIENCEAPRIL

CHICKEN SOUP: CANCER BOOK

by CANFIELD, JACK

A support group you can hold in your hands, these intimate stories by cancer patients and their loved ones, medical professionals, clergy and friends, are a must-read for anyone affected by cancer. A bonus book - a no-holds-barred memoir by cancer patient Elizabeth Bayer - is bound into this volume, after the full-length CHICKEN SOUP FOR THE SOUL book. The last general Chicken Soup book about cancer was published in 1996 and sold 700,000 copies.

SELF-HELPMARCH

CLARA'S WAR

by KRAMER, CLARA; GLANTZ, S.

In 1942, the Nazis reached the Polish town of Zolkiew. Life for 15-year-old Clara Kramer would never be the same. While those around her were either slaughtered or transported, three families, including hers, found perilous refuge in a hand-dug cellar of their family maid. Clara's mother told her to keep a diary in order to fill her time and "so the world would know what happened to us". Over 60 years later, Clara Kramer has finally turned those diaries into a compelling memoir.

BIOGRAPHYAPRIL

COAL BLACK HEART

by DeMONT, JOHN

The history of coal is the story of the last two centuries of the industrialized world. Coal has powered the world, and controlled the destinies of millions. And nowhere has that influence run more deeply than in Nova Scotia. A brilliant reporter, journalist, and author who has spent most of his career examining Nova Scotia's weave of land, people and history - and, who grew up listening to its stories - John DeMont was born to write this book.

HISTORY

APRIL



CONNECTED PARENTING

by KOLARI, JENNIFER

The ground-breaking, parent-approved program that will bring out the best in you and your child. CONNECTED PARENTING offers a unique form of therapeutic parenting based on Kolari's ground-breaking application of the concept of "mirroring," an instinctive process that helps parents bond with their children and promotes optimum growth and development.

FAMILY

APRIL

COOKING FOR FRIENDS

by RAMSAY, GORDON

This book gathers together over 100 inspiring and well-constructed recipes - simple, seasonal, and modern - which everyone will enjoy cooking for their friends and family. The beautiful book has been created by one of Britain's top designers, in tandem with an amazing young photographer. Includes candid photos of Gordon and his family.

COOKING

OCTOBER 2008

CREATIVE CAPITALISM

by KINSLEY, MICHAEL

At the 2008 World Economic Forum in Davos, Bill Gates challenged fellow entrepreneurs, non-profit pioneers, economists, and academics to pursue the idea of "creative capitalism" to address the growing gap between the rich and the poor in the global economy. This book by a respected essayist Michael Kinsley is intended to raise questions, fuel debate, and inspire action.

BUSINESS

DECEMBER 2008

DANCING WITH DEBT

by TETT, GILLIAN

How the 21st Century Financial Machine Went from Boom to Bust. By one of the world's most respected financial journalists, who saw the credit bust coming way before others, comes an in-depth, blow-by-blow account of the untold story of what really happened behind the highly secretive doors of Wall Street's inner sanctums and how the wizards of Wall Street unleashed the worst financial disaster on us since the Great Depression.

BUSINESS

MAY

DIRECT RED

by WESTON, GABRIEL

A Surgeon's View of Her Life or Death Profession. In this powerful and sometimes shocking account, surgeon Gabriel Weston reveals her experience of hospital life with rare frankness. All her own doubts, mistakes, and incongruous triumphs are recorded. It is also a revealing and at times chilling account of what she sees around her. The world of surgery is now exposed!

BIOGRAPHY**MARCH**

DIY QUICK FIX

by EAKES, JON

From freeing stuck windows to repairing burst pipes, this handy manual of quick-fix techniques features easy-to-follow sequences combining close-up, annotated images and clear instructions. Adapted for Canada by Jon Eakes, DIY QUICK FIX presents solutions to problems occurring in every part of the home. Jon Eakes has over 28 years of experience hosting home improvement shows in Canada. Since 1998 he has had his own show on HGTV "Just Ask Jon Eakes."

HOUSE & HOME**MARCH**

EARTH TO TABLE

by CRUMP, JEFF; SCHORMANN, B.

The book brings together stories of the passage of seasons on the farm; profiles of some of the world's most innovative chefs; how-to-sections that help readers make the most of the season; stunning photographs; and, of course, creative and delicious recipes. Jeff Crump is the founder of Slow Food in Canada.

COOKING**SEPTEMBER 2009**

EATING WELL, LIVING WELL

by GINGRAS, DR. D.; BELIVEAU, DR. R

Here is a new book from the authors of FOODS THAT FIGHT CANCER and COOKING WITH FOODS THAT FIGHT CANCER, a series that has sold 375,000 copies in Canada. Dr. Béliveau's research has led him beyond the limits of his earlier cancer research and into a broader recognition that how we eat affects many contemporary diseases and conditions. Again the authors show readers just how easy (and pleasurable) it can be to alter our diets for optimum health.

HEALTH/FITNESS**MAY**

ECOLOGICAL GARDENING

by HARRIS, MARJORIE

Marjorie Harris, one of Canada's leading garden writers, returns with a completely updated edition of her sixteen-year-old classic guide to gardening with the environment in mind. In this vital book readers will learn how to leave as small a footprint on the earth as possible. Written in her witty and accessible style.

GARDENING

MARCH



EGG ON MAO

by CHONG, DENISE

In this eagerly awaited new book, her first in a decade, beloved author of *THE CONCUBINE'S DAUGHTER* and *THE GIRL IN THE PICTURE*, Denise Chong, tells the story of Lu Decheng who humiliated a repressive regime in front of the entire world, and whose daring gesture informs our view of human rights in China to this day. Lu Decheng now lives in Calgary. *EGG ON MAO* will be published in time for the 20th anniversary of the June 4th crackdown in Tiananmen Square.

SOCIAL SCIENCE

MAY

ENOUGH ALREADY!

by WALSH, PETER

Peter Walsh, author of *IT'S ALL TOO MUCH*, offers a practical, supportive step-by-step plan that helps anyone examine, focus, clear out, and renew each key area of their life - work, home, relationships, health, and spirituality - to get you back on track and keep you on the path to living the happiest most authentic life possible.

SELF-HELP

FEBRUARY

EXTRAORDINARY CDNS: MORDECAI RICHLER

by VASSANJI, M.G.

Both Richler and Vassanji are award-winning novelists who regarded themselves as outsiders in their respective societies - one a Jew in Quebec, the other an Indian in Tanzania who emigrated to Canada. With narrative flair and surprising insights, Vassanji explores the life and artistic quest of the prolific Montreal satirist who died in 2001. John Ralston Saul is the General Editor of this series *EXTRAORDINARY CANADIANS*.

BIOGRAPHY

MARCH



EXTRAORDINARY CDNS:NORMAN BETHUNE

by CLARKSON, ADRIENNE

The stormy and inspirational life of a Canadian doctor who is a hero in China. Adrienne Clarkson, a Chinese Canadian, has always been fascinated by the dynamic man who married his social conscience to his medical mission. This is a perfect pairing with a well-known Chinese Canadian examining the life of a hero to the Chinese people.

BIOGRAPHY

MARCH



EXTRAORDINARY CDNS:PIERRE ELLIOTT TRUDEAU

by RICCI, NINO

A child of Trudeau's expansive immigration policies looks at the man who changed his family's life and our collective vision of Canada. Acclaimed novelist Nino Ricci - LIVES OF THE SAINTS - takes as his starting point the crucial role Trudeau played in the formation of his own sense of identity to look at how Trudeau expanded us as a people, not in spite of his contradictions but because of them.

BIOGRAPHY

MARCH



EXTRAORDINARY CDNS:STEPHEN LEACOCK

by MacMILLAN, MARGARET

10,000 first Canadian printing. Historian Margaret MacMillan - whose books WOMEN OF THE RAJ and PARIS 1919 cast fresh light on the colonial legacy - has great affection for Leacock's gentle wit and sharp-eyed insight. The renowned historian examines Leacock's life as a poor but ambitious student who rose to become an economist, celebrated academic and, most importantly, the beloved humorist who taught Canadians to laugh at themselves.

BIOGRAPHY

MARCH

FIGHT FOR YOUR MONEY (CANADIAN ED)

by BACH, DAVID

The bestselling author of THE AUTOMATIC MILLIONAIRE and START LATE, FINISH RICH shows you how to protect your hard-earned money. Starting with an A to Z list of items where you are paying too much - your cell phone, cable bill, cars, credit cards, insurance, airfare, hotels, and many more - Bach shows how you are being taken. Then he shows you how to fight back. This edition has specifically Canadian content and references.

BUSINESS

JANUARY



FILTHY LUCRE

by HEATH, JOSEPH

Joseph Heath, co-author of the international bestseller *THE REBEL SELL*, wants to improve our economic literacy and empower us with new ideas. In *FILTHY LUCRE* he draws on everyday examples to skewer the six favourite economic fallacies of the right, before impaling the six favourite fallacies of the left. Heath leaves no sacred cows untipped as he breaks down complex arguments and shows how the monetary world really works. Highly readable and flawlessly argued.

SOCIAL SCIENCE

APRIL

FOUR SEASONS

by SHARP, ISADORE

How did a child of immigrants, starting with no background in the hotel business, create the world's most admired and successful hotel chain? And how has Four Seasons grown dramatically, over nearly a half century, without losing its focus on exceptional quality and unparalleled service?

BIOGRAPHY

APRIL

**FRENCH TASTE:**

by CALDER, LAURA

Host Laura Calder (Food Network Canada) takes the fear out of French cooking and shows us how we can enjoy delicious French food at home. Includes over 100 recipes that cover regional and traditional favourites, as well as wonderful short essays on everything from enjoying the act of cooking, to entertaining with grace, to learning how to shop for fine cheese without fear. With colour photos throughout.

COOKING

APRIL

**GET MOTIVATED!**

by LOWE, TAMARA

Just as we each have a set of genes that dictates our physical attributes, we also possess individual traits that determine how we are inspired, driven, and motivated. Lowe draws upon eight years of research and interviews with more than 100,000 individuals to explain why some people are more motivated than others - and, more important, how to unleash the inner drive in each of us by identifying and harnessing our powerful motivational code.

BUSINESS

JANUARY

GETTING A GRIP

by SELES, MONICA

For those of you tuned into this past season's "Dancing with the Stars," it's hard to believe that spectacularly fit former tennis champion Monica Seles struggled with binge-eating and depression. Her tennis career began at age 16 and she seemed unstoppable, until a deranged Steffi Graf fan plunged a knife into her back. Monica healed physically but the emotional trauma was deep. By sharing her own narrative, she hopes to motivate other people to take control of their lives.

BIOGRAPHYAPRIL

GOODLIFE FITNESS

by HAGAN, MAUREEN

GOODLIFE FITNESS is a total-body fitness program designed by Maureen Hagan, an international award-winning fitness instructor and physiotherapist. Using her safe and effective methods, you'll learn how to eat right and feel great as you build a new body in only six weeks. A total-body program from Canada's largest fitness club.

HEALTH /FITNESS

JANUARY

**GRASS, SKY, SONG**

by HERRIOT, TREVOR

Readers, booksellers, and literary judges alike fell in love with Trevor Herriot's stunning debut book, RIVER IN A DRY LAND. In his remarkable new work, he draws on 20 years' experience as an observer of nature to reveal the spirit of the grassland world and its uniqueness of its birds. Beautifully illustrated with the author's own B&W drawings.

NATURE

MARCH

**GREAT POWERS**

by BARNETT, THOMAS

For eight years, the current administration has done much to disconnect or alienate America from the world, but the world has certainly not been standing still. Barnett offers a tour de force analysis of the grand realignments that are both already here and coming up fast in the spheres of economics, diplomacy, defense, technology, security, the environment, and much more. From the author of the groundbreaking NEW YORK TIMES bestseller THE PENTAGON'S NEW MAP.

POL. SCIENCEFEBRUARY

GRIZZLYVILLE

by MacDONALD, JAKE

Jake MacDonald had his first experience with bears, when, as a 20-year-old traveling through the wilderness of British Columbia, he lay awake in his tent, simultaneously eager and terrified at the prospect of encountering a grizzly. Although he saw no bears on that trip, he has seen plenty since. Part memoir, part natural history, GRIZZLYVILLE is MacDonald's fascinating meditation on North America's largest predators and on the people who deal with them.

NATURE

APRIL

GROWING UP AGAIN

by MOORE, MARY TYLER

With generosity of spirit, ebullience and sly humour, Mary Tyler Moore presents the intensely private, often funny and sometimes startling story of her life with diabetes. GROWING UP AGAIN is a delightfully candid read for her legion of fans, the more than 20 million North Americans with diabetes, and everyone struggling to cope with life's unexpected challenges.

BIOGRAPHY

APRIL

HEART HEALTHY FOODS FOR LIFE

by BECK, LESLIE

From Canada's leading nutritionist, the definitive guide to fighting heart disease. In HEART HEALTHY FOODS FOR LIFE, Leslie Beck explains which foods to eat - how often, in what amounts, and how to add them to your diet - to prevent heart disease. Leslie Beck is the author of FOODS THAT FIGHT DISEASE, NO-FAIL DIET, 10 STEPS TO HEALTHY EATING and COMPLETE NUTRITION GUIDE TO MENOPAUSE.

HEALTH/FITNESS

JANUARY

**HIT MAN**

by FOSTER, DAVID

This is the story of David Foster's triumphant four decades in the tumultuous music industry - the fickle, youth-obsessed industry of pop music. It is the story of making nobodies into stars, and helping stars remake themselves. Part memoir, part dish, part inspiration, David Foster's compelling work is sure to become a classic of entertainment literature. With 8 pages of B&W photos.

BIOGRAPHY

NOVEMBER



HOOKING UP WITH TILA TEQUILA

by TEQUILA, TILA

Web and reality television celebrity Tila Tequila, the "Madonna of MySpace" (TIME) bares her secrets in this provocative and playful guide to love, relationships, sex, fame, and being the life of the party - just in time to spice things up for the holiday season. With colour photos throughout.

BIOGRAPHY

DECEMBER 2008

HORSE SOLDIERS

by STANTON, DOUG

From the bestselling author of IN HARM'S WAY comes a spectacular, harrowing, true-life soldiers' tale. Immediately following the attacks of 9/11, a small band of Special Forces soldiers entered Afghanistan on horseback on a secret mission. Outnumbered 40 to 1, they defeated the Taliban. They are welcomed as liberators by their own and by the Afghans. They feel their mission was accomplished, but then the action takes a wholly unexpected turn. With B&W photos.

HISTORY

MAY

HOW SEX WORKS

by MOALEM, SHARON DR; PRINCE, J.

The medical maverick and NEW YORK TIMES bestselling author of THE SURVIVAL OF THE SICKEST takes us on an insightful and engaging voyage through the surprising history and evolution of sex. It is an entertaining, comprehensive exploration of culture, biology, and history that takes us far beyond our common understanding of sex.

SCIENCE

FEBRUARY

HOW TO BECOME ENLIGHTENED

by DALAI LAMA, HIS HOLINESS THE

In this book, the Dalai Lama returns to the cornerstone of Buddhism, laying out an accessible and practical approach to enlightenment - giving readers all the wisdom, support, guidance and inspiration they need to become successful in their spiritual lives. This is a remarkable and empowering guide that can be read and enjoyed by spiritual seekers of all faiths, as readers are captivated by His Holiness the Dalai Lama's loving and direct teaching style.

RELIGION

FEBRUARY

UNAB

HOW TO SUCCEED IN ANYTHING BY...
...REALLY TRYING.

by MacINNIS, LYMAN

This is an inspiring and practical book of career advice for everyone from executives and partners, to mid-career professionals and even graduates looking to get in on the ground floor. Advising on topics from networking, leadership, conflict resolution, negotiation, to addressing a crowd, and much more, this book is a wonder of common sense and simple knowledge.

SELF-HELP

DECEMBER 2008



I AM MY FATHER'S SON

by HILL, DAN

Dan Hill is one of Canada's most respected and successful songwriters. But there was one critic he could never satisfy: his father, Daniel Hill III. In this memoir, Hill traces this poignant, difficult relationship through vivid family stories, letters, memories and his own award-winning lyrics, often revealing the motivation behind the songs.

BIOGRAPHY

JANUARY



I'LL SCREAM LATER

by MATLIN, MARLEE

This is the compelling memoir of the Academy Award-winning actress, role model for deaf and hard-of-hearing people, and inspirational force of nature. Matlin delves into how her life was tempered by her own battles with addiction and abuse. Beginning with her loss of hearing at eighteen months old, Marlee takes readers on a frank and touching journey through her life, with the highs and lows of Hollywood and the challenge of being deaf in a hearing world. With photos.

BIOGRAPHY

MARCH

IMAGINING INDIA

by NILEKANI, NANDAN

India's future depends not only on economic growth, but also on reform and innovation. In this fascinating look at the emerging economic giant, Nandan Nilekani, co-founder of Infosys, a global leader in information technology, charts the ideas that are crucial to India's current infrastructure revolution and quest for universal literacy, urbanization, and unification.

POL. SCIENCE

APRIL

IN PRAISE OF STAY AT HOME MOMS

by SCHLESSINGER, LAURA C.

The 10-time NEW YORK TIMES bestselling author and internationally syndicated radio host celebrates an important, yet under-appreciated and little-respected group of women. Dr. Laura provides a wealth of advice and support as well as compassion and inspiration to help stay-at-home moms attain this goal.

SELF-HELP
LARGE
PRINTAPRIL

JANE BRODY'S GUIDE TO THE GREAT...

by BRODY, JANE

...BEYOND. This book will help readers proactively make the end of life - for themselves and for those they love - as peaceful and even enjoyable as it can be. From savvy financial planning to a wide array of important medical issues to the oft-overlooked emotional considerations, Jane Brody shows that preparing for the end of life goes far beyond writing a will, picking out a burial plot, or assigning a health care proxy. Wise, practical and warm throughout. With illustrations.

FAMILY

JANUARY

KHOMEINI'S GHOST

COUGHLIN, CON

Drawing upon unparalleled resources, journalist and Iran expert Con Coughlin traces the impoverished origins of an obscure cleric whose name has become synonymous with religious extremism. A richly detailed portrait, this is essential reading for anyone interested in international politics, the Middle East, and global affairs. Coinciding with the 30th anniversary of the Iranian revolution, this is the definitive biography of a man who forever changed the course of modern Islam.

BIOGRAPHY

JANUARY

LOST IN CYBURBIA

by HARKIN, JAMES

Welcome to Cyurbia: In this innovative and extremely timely book, James Harkin guides us through the architecture of our digital lives as it was built over the last seventy years. He provides an essential understanding of what lies behind the rise and fall of cyber trends and explores the culture of online diaries, amateur broadcasters, and the huge calling-card emporia of "social networking sites" such as MySpace and Facebook.

SOCIAL SCIENCE

APRIL

MAKE MILLIONS!

by FREDERICK, SEAN

This book from Canada's "millionaire maker" goes beyond any other books on real estate investing by showing that the #1 rule of real estate is not "location, location, location," but rather "people, people, people." Understanding the people behind any real estate transaction, says Frederick is the key to making big money, deal after deal. .

BUSINESS**FEBRUARY**

MAKING AN ELEPHANT

by SWIFT, GRAHAM

Swift brings together richly varied essays, portraits, poetry and interviews, full of insights into his passions and motivations, and wise about the friends, family and other writers who have mattered to him over the years. From the acclaimed Booker Prize-winning author of LAST ORDERS, this highly personal book is a singular and open-spirited account of a writer's life. This is Swift's first work of non-fiction.

BIOGRAPHY**MAY**

MARTHA STEWART'S ENCYCLOPEDIA OF...

by STEWART, MARTHA & EDITORS

...CRAFTS. With easy-to-follow instructions and full-colour photographs for more than 30 techniques and 200-plus projects, this book is the ultimate guide to crafts by the ultimate teacher.

CRAFTS**MARCH**

MIGHT AS WELL LAUGH ABOUT IT NOW

by OSMOND, MARIE

In a life brimming with a mixture of charm and chaos, blessings and hilarious bumbles, victory and vulnerability, beloved entertainer, American icon, mother of eight children and bestselling author, Marie Osmond recounts for her "family of fans" her greatest successes as well as her most crushing disappointments.

BIOGRAPHY**APRIL**

MOMMYWOOD

by SPELLING, TORI

In the bestselling tradition of Jenny McCarthy's mommyhood memoirs, BEVERLY HILLS 90210 star and reality show celebrity Tori Spelling shares her new and exciting adventures as a mother of two. Infused with the same welcome wit - and, of course, a little dish - MOMMYHOOD shows readers that anyone, even someone who's led a juicy tabloid-worthy life, can celebrate the joys of motherhood. With 8 pages of colour photos.

FAMILY

APRIL

MURDER WITHOUT BORDERS

by GOULD, TERRY

Seven hundred journalists have died in the line of duty around the world since 1992 - most were local journalists trying to unveil local violence and corruption. What makes these men and women stay on the story even though their life could be in danger? Terry Gould attempts to answer this question. In his wonderfully vivid portraits of nine courageous souls, he brings their lives and the stories they worked on to light, telling truth to those who would murder truth tellers.

SOCIAL SCIENCE

APRIL

NOT YET: A MEMOIR OF LIVING...

by CHOY, WAYSON

...ALMOST DYING. Framed by the author's two brushes with death, NOT YET is an intimate and insightful study of one man's reasons for living. It is a passionate, sensitive, and beautiful exploration of the importance of family, which in Choy's case is constituted not through blood but through love. Choy's first memoir, PAPER SHADOWS, was a finalist for the Governor General's Award.

BIOGRAPHY

APRIL

ONE-WEEK JOB

by AIKEN, SEAN

Sean Aiken graduated from college as class valedictorian but with no idea what he wanted to do for a living. His father told him to do something Sean was passionate about, but what was that? Sean decided to take on a new job every week for one year and his life changed in ways he could never have imagined. Sean has been profiled on many news shows.

SELF-HELP

APRIL

OUR DAYS ARE NUMBEREDby **BROWN, JASON**

Mathematics lies hidden within the electronics we use, the banking we do, and even the leisure activities we enjoy. At once entertaining and informative, this book covers an array of mathematic concepts and explores the hidden links between mathematics and everyday life. Brown reveals that a basic understanding of math can make us more creative in the way we approach the world.

MATHEMATICS**MARCH****OUR TURN TO PARENT**by **SCOTT, LINDA; DUNN, BARBARA**

This indispensable guide will help people navigate the world of complex medical, legal and financial issues - and emotional ones, too - providing all the tools they need to make decisions and feel confident that they are doing right by their aging parents. Practical advice for Canadian readers.

FAMILY**APRIL****PEOPLE ARE IDIOTS & I CAN PROVE IT!**by **WINGET, LARRY**

The Pitbull of Personal Development ® and **NEW YORK TIMES** bestselling author is back with advice on the dumb things people do to sabotage what they want. A little bit of business, a little bit of personal development, a little finance, a little parenting, a little health and wellness, Larry Winget will help anyone identify their own "areas of stupidity" and take action to finally achieve real success.

SELF-HELP**JANUARY**

PERFECTLY IMPERFECTby **WOODRUFF, LEE**

From Lee Woodruff, beloved media personality, comes irresistible reflections on motherhood, marriage, and life after forty. Lee puts it all out there in this bold, sometimes funny, sometimes poignant, and always surprising take on life. It is a deeply personal look at the roles played by a modern American wife, mother, daughter, and friend - a book every woman will want to share.

BIOGRAPHY**APRIL**

POSITIVITY

by FREDRICKSON, BARBARA

Groundbreaking Research Reveals How to Embrace the Hidden Strength of Positive Emotions, Overcome Negativity, and Thrive. In this book, an award-winning scientist demonstrates why positivity is more important than happiness. Experiencing positive emotions in a three-to-one ration to negative ones leads people to reach a tipping point at which they automatically begin to achieve what they once could only imagine.

PSYCHOLOGYFEBRUARY

POST- MORTEM

by WELLS, JON

Near-mummified remains of a woman are found in a field; a cutting-edge Hamilton forensic team takes over the case. The victim is female, non-Caucasian. But who is she? Award-winning journalist and true-crime author Jon Wells reconstructs the crime, the forensic and criminal investigation that narrowed the field of suspects, and the dramatic court proceedings to their ultimate conclusion through interviews with detectives, scientists, and the murderer himself.

TRUE CRIME

MARCH

**RED CARPET SUICIDE**

by HILTON, PEREZ

Perez Hilton, founder of PerezHilton.com, the country's most popular blog, and "one of the most polarizing media figures since Howard Stern" (L.A. WEEKLY) – cuts loose with his debut book that'll secure his reputation as "the most hated man in Hollywood" (ROLLING STONE.) Making sense of the madness and celebrity addiction that consumes us; Perez twists this irresistible and delicious guilty pleasure into a hysterically funny, shockingly true, and generation-defining survival guide.

HUMOUROCTOBER 2008

REINVENTING THE BODY, RESURRECTING

by CHOPRA, DEEPAK

...THE SOUL: HOW TO CREATE A NEW YOU. Deepak Chopra shows us how to create a new self, the self we truly want. He shows how the body is actually a reflection of the mind, "a symbol in flesh and blood of everything you think and feel." Chopra invites readers to live from the soul: to satisfy their deepest desires in a life rich with joy and meaning.

HEALTHFEBRUARY

RELAXED COOKING WITH CURTIS STONE

by STONE, CURTIS

Australian native Curtis Stone is the latest hunky chef import poised to take the airways by storm. A staple on TLC and a regular on NBC's TODAY, he is the next big thing in the kitchen. Here Stone shares his easy recipes and advice from his hit show TAKE HOME CHEF. It includes simple meals made from fresh, healthful, and readily available ingredients. A book for every occasion and every mood. With 75 colour photos.

COOKING

APRIL

SARA SNOW'S FRESH LIVING

by SNOW, SARA

Millions of TV viewers know Sara Snow from her popular cable network program "Living Fresh" and "Get Fresh with Sara Snow" Now this leading voice on sustainability brings her special blend of expert advice, enthusiasm, and life-is-hectic realism to the printed page, helping readers at any stage of embracing green living to make simple practical changes with and for their families. .

HEALTH

MARCH

SEASICK

by MITCHELL, ALANNA

Alanna Mitchell joins the crews of leading scientists in nine of the global ocean's hotspots to see firsthand what is really happening around the world. Whether it's the impact of coral reef bleaching, the puzzle of the oxygen-less dead zones such as the one in the Gulf of Mexico, or the shocking implications of the changing Ph balance of the sea, Mitchell explains the science behind the story to create an engaging, accessible yet authoritative account.

NATURE

MARCH

**SHAKEDOWN**

by LEVANT, EZRA

In January 2008, Ezra Levant faced legal sanction for reprinting the Danish cartoons of Mohammed to illustrate a news story. The book shows how our concept of human rights has morphed into something dangerous and drastically different from its original meaning. A controversial book that will stimulate debate!

POL. SCIENCE

MARCH



SIX MONTHS IN SUDAN

by MASKALYK, DR. JAMES

James Maskalyk set out for the contested border town of Abyei, Sudan, in 2007 as Doctors Without Borders' newest medical doctor in the field. This book - that reads like fiction - began as a blog that he wrote from his hut in Sudan in an attempt to bring his family and friends closer to his experiences day by day. With great hope and insight, Maskalyk illuminates a distant place - its heat, its people, its poverty, its war - to inspire possibilities for action. .

BIOGRAPHY

APRIL

SKINNY CHICKS DON'T EAT SALADS

by AVANTI, CHRISTINE

If salads won't make us skinny, what will? According to nutrition expert Christine Avanti, the dieting success formula couldn't be simpler: eating to stabilize blood sugar equals weight loss. Christine Avanti is a clinical and sports nutritionist certified by the American Academy of Nutrition, the National Association of Nutrition Professionals, and Intrafitt. Her clients include many Hollywood celebrities.

HEALTH /FITNESS

APRIL

SLOW DEATH BY RUBBER DUCK

by SMITH, RICK & OTHERS

Pollution is no longer just about belching smokestacks and ugly sewer pipes - now, it's personal. This book exposes the extent to which we are poisoned every day of our lives. Funny, thought-provoking, and incredibly disturbing, the authors reveal that just the living of daily life creates a chemical soup inside each of us. Parents and concerned citizens will have to read this very informative, scary and important book.

SOCIAL SCIENCE

MAY

**STEALING MYSPACE**

by ANGWIN, JULIA

This is the story of MySpace - a powerhouse Internet company that rose from humble beginnings to become nothing less than one of the centerpieces of Rupert Murdoch's media empire. How it got that way, how this unlikeliest of ventures - barely funded, technologically inept, conceptually derivative, driven by rivalries - is a fascinating and surprising story. A fast-paced and deeply reported look at the drama surrounding one of the biggest business deals of the Internet age.

BUSINESS

MARCH

STORMY WEATHER

by GAVIN, JAMES

This is a biography of one of Hollywood's most glamorous stars Lena Horne and one of the first Tony and Grammy winning stars who opened doors for black female entertainers. From the Cotton Club's glory days and the back lots of Hollywood's biggest studios to the glitzy but bigoted hotels of Las Vegas's heyday, this behind-the-scenes look at an American icon is as much a story of the limits of the American dream as it is a masterful, groundbreaking biography. With photos.

BIOGRAPHY

MAY

STRANGER TO HISTORY

by TASEER, AATISH

Twenty years after their separation, Aatish Taseer is determined to seek out his father. Traveling from Istanbul to Mecca, and on to India and Pakistan, Taseer goes on an extraordinary quest to find the father he never knew. Along the way he searches for his own Islamic identity and tries to uncover how other young people in the Middle East have dealt with theirs. This debut novel lifts the lid on contemporary Islamic society.

BIOGRAPHY

FEBRUARY

SUPERHEALTH

by PRATT, DR. STEVEN & KOLBERG, S.

From the creator of SuperFoods Rx comes a proven method to turn on the good genes, turn off the bad genes, and live to see your kids turn 100. With this plan, each week, readers will find instructions for adding in specific amounts of food, nutrients, relaxation, and exercise to their daily routines. Bound to be a bestseller! With B&W exercise illustrations.

SELF-HELP

JANUARY

TAX TIPS FOR CANADIANS FOR DUMMIES

by VYN, LEIGH; SCHULTZ, SUZANNE

Compiled by a skilled team of accounting professionals, and updated for 2009, this smart, portable guide delivers insider tips in a fun, easy-to-use format. Offers helpful hints to anyone completing taxes, from first-timers to the self-employed to retirees.

BUSINESS

DECEMBER 2008

TEN DEGREES OF RECKONING

by RUMBERG, HESTER

In 1993, Judith and Michael Sleavin and their two children set out to live their dream: to sail around the world. But one night, a freighter off the coast of New Zealand altered its course by a mere ten degrees. And changed everything. Twelve years later, Hester reached out to her best friend to write her story. This is a gripping unbelievable yet true story of one family's love, of profound loss, and of a remarkable woman who decided to live when others might have decided otherwise.

BIOGRAPHY

FEBRUARY

THAT GOOD NIGHT

by FALCONER, TIM

In **THAT GOOD NIGHT**, Tim Falconer investigates the world of professional ethicists. Employed in increasing numbers by hospitals, religious groups, and even large businesses, ethicists help us grapple with the difficult decisions that surround medical care, particularly near the end of life. Tim Falconer is the author of **DRIVE** and **WATCHDOG AND GADFLIES**. He teaches at Ryerson University, Toronto.

SOCIAL SCIENCE

MARCH

**THE 4 DAY DIET**

by SMITH, IAN K. MD.

The S.M.A.R.T.E.R. The #1 bestselling author of **THE FAT SMASH DIET** offers his most inspiring diet yet, going beyond the boot camp-style diets of his previous books with a program anyone can stay on for life. Ian K. Smith, M.D., was the diet expert on all six seasons of VH1's "Celebrity Fit Club", a media contributor to ABC's "The View", and a contributing editor of "Men's Health".

HEALTH/ FITNESS

JANUARY

THE 7-DAY ENERGY SURGE

by KARAS, JIM

Celebrity weight loss expert and bestselling author Jim Karas unveils a breakthrough plan for ending the "energy death spiral" and developing amazing increases in daily energy. Jim Karas is the author of the #1 **NEW YORK TIMES** bestseller **THE BUSINESS PLAN FOR THE BODY** as well as **THE CARDIO-FREE DIET** and **FLIP THE SWITCH**.

HEALTH/ FITNESS

APRIL

THE BIG IDEA

by DEUTSCH, DONNY

How to Make Your Entrepreneurial Dreams Come True...From The "Aha Moment" To Your First Million. Now, as a companion to Donny Deutsch's hit CNBC television show **THE BIG IDEA**, come step-by-step strategies for anyone who has ever dreamed of following through on their own big idea. Deutsch - one of the most successful entrepreneurs in the history of American advertising - will instruct and inspire readers every step of the way.

BUSINESS**JANUARY**

THE BIG THAW

by STRUZIK, ED

This is a timely, gripping look at the effects of global warming on the Arctic, charting how it will change life for Canada, and the planet. A dispassionate look at both the science and politics that underlie the crisis, this book brilliantly captures the people and the landscape of a world literally melting away. Ed Struzik (Edmonton) is a naturalist-turned-journalist who has spent the better part of the past 29 years focusing on the Arctic.

NATURE**MARCH****THE BIGGEST LOSER FAMILY COOKBOOK**

by ROBERSON, MELISSA & OTHERS

This is the 6th book in The Biggest Losers series, but it is only the 2nd cookbook. With more than 125 recipes specifically developed to satisfy every member of the family, Chef Alexander provides complete, affordable meal plans for breakfast, lunch, and dinner, along with mix-and-match side dishes, healthy snacks and dessert. You'll also find helpful cooking and cost-saving tips from favourite **BIGGEST LOSERS** contestants and online club members.

COOKING**NOVEMBER 2009**

THE CLINTON TAPES

by BRANCH, TAYLOR

A sitting president, Bill Clinton, talks intimately over seven years to his long-time friend, a Pulitzer Prize-winning historian about what it's like to be President. It invites readers into private dialogue with a gifted, tormented President of the United States. Here is what Clinton thought and felt and could not say in public. Taylor Branch recorded Clinton's demeanor, moods, puzzlements, and his family's daily life in the West Wing. With B&W photos.

HISTORY**MAY**

THE G.I. MENOPAUSE CLINIC

by GALLOP, RICK

From Canada's own bestselling G.I. DIET author comes the latest real-life 13-week clinic featuring women in their menopausal and post menopausal years. The book offers tips and tricks, weekly meal plans, real-life advice, and support and encouragement from the experiences and inspiring stories from the women who walked the walk in the e-clinic. Learn how to battle hot flashes, insomnia, mood swings, and that dreaded middle-aged spread!

HEALTH

APRIL

THE GOOD LIFE WITH JESSE DYLAN

by DYLAN, JESSE

This book, for the first time, brings together some of the greatest and most inspirational visionaries of our time to provide an unprecedented compilation of wisdom: you will learn how to heal your body, your mind, and your spirit, and how to pass the amazing gift of holistic health on to all those you love. Dylan (Vancouver) is the host of the popular television show **THE GOOD LIFE**.

HEALTH

MARCH

THE HORMONE DIET

by TURNER, NATASHA

With hormonal imbalance, the risk of conditions associated with aging - cancer, diabetes, osteoporosis or heart disease - is magnified. Natasha Turner, one of Canada's leading naturopathic doctors and natural health consultants, lays out a fool-proof plan to balance your life (men & women), one hormone at a time in her 3-step wellness program.

HEALTH

FEBRUARY

**THE LIFE DIET**

BAUER, JOY MS, RD, CDN

This complete weight loss program has everything readers need to know about diet and fitness - all in four steps: release, relearn, reshape and reveal. A plan that will help readers get healthy and slim forever! Joy Bauer is the nutrition/health expert for the **TODAY** show.

HEALTH

JANUARY

THE LIFE FORCE DIETby **COOK, MICHELLE SCHOFFRO**

A new dieting book focused on enzymes and their incredibly important role in weight loss; this book proves that eating a perfectly balanced diet doesn't require deprivation or sacrifice, and it can be easy. Prescriptive, scientifically researched, friendly, easy to use, and the 6th book by a truly dedicated author. It avoids radical and preachy approaches and targets a mainstream audience. Michelle Schoffro Cook lives in Ottawa.

HEALTH**DECEMBER 2008****THE LONGEST TRIP HOME**by **GROGAN, JOHN. A**

Memoir. With his trademark blend of humour and pathos that made **MARLEY & ME** beloved by millions, John Grogan tells the powerful story of a son in the making - a universal journey of love, faith, and family that explores what it means to break away and find our way home once again.

BIOGRAPHY**OCTOBER****UNAB**
LARGE
PRINT

THE LOST CITY OF Zby **GRANN, DAVID**

After stumbling upon a hidden trove of diaries, acclaimed **NEW YORKER** writer David Grann set out to solve a great mystery of the 20th-century: what happened to the British explorer Percy Fawcett and his quest for the Lost City of Z? David Grann's quest for the truth and his stunning discoveries about Fawcett's fate and "Z" form the heart of this complex, enthralling narrative about life, death and obsession in the Amazon.

HISTORY**FEBRUARY**

THE MAN WHO OWNS THE NEWSby **WOLFF, MICHAEL**

A publishing event! The most powerful medial mogul of our time is brilliantly captured by one of the most influential media writers of our time. With unprecedented access to Rupert Murdoch himself, and his associates and family, **VANITY FAIR** columnist Michael Wolff chronicles the growth of Murdoch's \$70 billion media kingdom. He offers accounts of the Dow Jones takeover as well as plays for Yahoo! and **NEWSDAY** as they've never been revealed before.

BIOGRAPHY**DECEMBER**

THE MIGHTY QUEENS OF FREEVILLE

by DICKINSON, AMY

The True Story of a Mother, a Daughter, and the People Who Raised Them. Amy Dickinson, author of the syndicated advice column "Ask Amy," delivers a heartfelt, wry, and honest memoir about raising a daughter alone, but never alone, thanks to a hometown filled with extended family. It is a story about love, friendship and the power of women in a supporting role.

BIOGRAPHY

MARCH

THE MIRACLE OF HEALTH

by ODIATU, KARY: ODIATU DR. UCHE

This book by two dedicated and well-connected Canadian authors applies the psychology of success to fitness in order to end the struggle with weight, low self-esteem, and poor health. It's filled with strong reasons to take action, simple strategies that individuals or couples can immediately use to get them moving in the right direction, and a solid nutritional plan geared to the needs of busy people.

HEALTH

NOVEMBER

**THE NEW RULES FOR RETIREMENT**

by HAWKINS, KEN; MacKENZIE, W.

Industry veterans Warren MacKenzie and Ken Hawkins have seen firsthand the mistakes that Canadians make in their financial preparations for the future. In this book, they offer simple, unbiased advice while at the same time debunking the many myths surrounding retirement.

BUSINESS

DECEMBER

THE OPTIMIST

by SHORTER, LAURENCE

When it comes to bad news, we've never had it so good and Laurence Shorter is feeling anxious. It's time to make a change. It's time to be optimistic. This book charts Shorter's ambitious, year-long, international quest to seek out the world's most positive thinkers, including Archbishop Desmond Tutu, Jung Chang, Matthieu Ricard, and Bill Clinton. It is an effective and hilarious antidote to the January blues.

SELF-HELP

JANUARY

THE POWER OF SMALL

by THALER, LINDA; KAPLAN KOVAL, ROB

From winning an account just by saying hello to winning a marathon just by counting the steps - our smallest actions and gestures often have the biggest impact. Written in the same entertaining, funny style as the authors' NEW YORK TIMES bestseller THE POWER OF NICE, this latest novel tackles the oversized role that little things at work and at home play in our careers and personal lives.

BUSINESS

APRIL

THE SKINNY

by ARONNE, LOUIS J. MD; BOWMAN, A

Flip the biological switches, overcome your hunger, and lose as much as twenty percent of your weight with this proven program from a renowned physician who specializes in the treatment of patients with intractable weight problems. Overcome the major problems that prevent people from losing, such as weight gain induced by sleep disorders, shift work, and stress, and the latest approaches that work when diet and exercise are not enough.

HEALTH

MARCH

THE SLEEP TIME SOLUTION

by LEWIS, MARC PHD; GRANIC, ISABELA

This book walks you through the stages of your child's development up to the age of four, revealing the windows during which the sleep-training is most effective - and when it stands the least chance of success. With this knowledge, you can decide when and how to teach your child to sleep through the night.

FAMILY

DECEMBER

THE SMART CAN. GDE. TO SAVING MONEY

by FORAN, PAT

All About Money, How to Keep It, Save It, Earn It, and Invest It. Pat Foran (Toronto), Canada's top consumer advocate, returns with more financial advice. This book will help Canadians stop wasting their hard-earned money in many areas: cars, insurance, credit and loyalty cards, shopping wisely, taxes, mortgages, travel, and investing. It will include the latest information on saving money, new tips, current marketplace trends, investment climate, and more.

BUSINESS

DECEMBER



THE THIRD MAN FACTORby **GEIGER, JOHN**

A fascinating look at the human capacity for survival from John Geiger, the award-winning author of **FROZEN IN TIME**. Trader Ron DiFrancesco in the World Trade Center, diver Stephanie Schwabe, Sir Ernest Shackleton: All shared an experience that an unseen being helped them to survive against staggering odds. If it were just a handful of people, it might be dismissed, but in fact, this phenomenon has occurred again and again.

PSYCHOLOGY**JANUARY**

THE WALL STREET JOURNAL GUIDE TO...by **KANSAS, DAVE**

THE END OF WALL STREET AS WE KNOW IT. Written by seasoned financial writer Dave Kansas, this official **WALL STREET JOURNAL GUIDE** will be filled with practical information, revealing what the Wall Street crisis means for readers' financial lives, and what steps they should be taking now to inform and protect themselves.

BUSINESS**JANUARY**

THE WEIGHT OF A MUSTARD SEEDby **STEAVENSON, WENDELL**

When it came time for General Kamel Sacht's sons to do their military service, he refused to let them join the "criminal" organization that he had given his life to. He realized he had become part of a terror regime. Author Wendell Steavenson shows the choices Iraqis have had to make between exile and collaboration, God and jihad. This book captures the universal humanity and the tragedy of unintended consequences.

BIOGRAPHY**MARCH**

THE WELL-DRESSED APEby **HOLMES, HANNAH**

Combining personal stories, cutting-edge science, and a buoyant sense of humour, science journalist Hannah Holmes offers an intriguing and fresh way to understand the human animal's place in the world. Holmes wrestles with the big questions: Are humans special at all? How different are men and women? What is our place in the kingdom of animals - and on the planet Earth? Hannah Holmes is the author of **SUBURBAN SAFARI** and **THE SECRET LIFE OF DUST**.

SCIENCE**JANUARY**

THRIVE FITNESS

by BRAZIER, BRENDAN

On the heels of Brendan Brazier's bestselling book THE THRIVE DIET comes THRIVE FITNESS, a complete system for maximum fitness results in minimum time. THRIVE FITNESS extends the diet to a total lifestyle approach. Over 60 exercise demonstration photographs. The program works for high-performance athletes and those new to active living.

HEALTH

JANUARY

TRANSFORMING POWER

by REBICK, JUDY

In TRANSFORMING POWER, veteran activist Judy Rebick champions new ways of achieving political goals by emphasizing co-operation and consensus over confrontation and partisanship. Judy Rebick is one of Canada's best-known political activists and media personalities and the author of TEN THOUSAND ROSES: THE MAKING OF A FEMINIST REVOLUTION.

POLITICAL SCIENCE

MARCH

**VANISHED SMILE**

by SCOTTI, R.A.

The Mysterious Theft of Mona Lisa. On August 21, 1911, the unfathomable happened - Mona Lisa vanished from the Louvre. Mona Lisa's loss only compounded her mystery. In Scotti's deft hands, the tale of this great art heist becomes a story of the painting's transformation into perhaps the most familiar and lasting icon of all time. Good, entertaining, narrative non-fiction - great for art fans! With 16 illustrations in text.

HISTORY

APRIL

VOLUNTARY MADNESS

by VINCENT, NORAH

Vincent's bestselling book, SELF-MADE MAN, ended on a harrowing note. Suffering from severe depression after her eighteen months living disguised as a man, Vincent felt she was a danger to herself. On the advice of her psychologist, she committed herself to a mental institution. Out of this raw and overwhelming experience came the idea for her next book. She decided to get healthy and to study the effect of treatment on the depressed and insane "in the bin," as she calls it.

BIOGRAPHY

JANUARY

WAR CHILD

by JAL, EMMANUEL

The extraordinary memoir of a former child soldier, who survived and escaped a violent life to become Africa's number one hip-hop artist and an international ambassador for children in war-torn countries. A documentary about Jal's life, also called WAR CHILD, premiered to acclaim at the February 2008 Berlin Film Festival and the April 2008 Tribeca Film Festival. His first US album WAR CHILD was released in May 2008.

BIOGRAPHYFEBRUARY

WE GENERATION

by UNGAR, MICHAEL

Engaging and timely, this book is an invaluable resource for parents who want their children to become socially responsible and globally aware adults. Combining inspiring stories taken from his clinical work with families and children with expert research gathered from around the world, Michael Ungar reveals how the close connections kids crave, and the support adults provide, can help kids realize their full potential.

FAMILYJANUARY

WEIGHT WATCHERS IN 20 MINUTES

by WEIGHT WATCHERS

America's most-trusted weight loss program brings you their quickest recipes yet! With a new collection of 250 recipes, Weight Watchers once again brings you delicious, good-for-you dishes to incorporate into your daily diet, all 20-minutes or less! With colour photos.

COOKINGDECEMBER 2008

WELCOME TO THE DEPARTURE LOUNGE

by FEDERICO, MEG

In this fresh, funny debut, Meg Federico showcases her keen eye for the absurd in this poignant, hilarious, and timely account of one daughter's tumultuous journey caring for her aging parents. The author is a regular contributor to the NATIONAL POST. She lives in Halifax.

BIOGRAPHY

FEBRUARY



WHAT WOULD GOOGLE DO?

by JARVIS, JEFF

To help the readers begin to think like Google, Jeff Jarvis lays down the laws of "the new Google century," including such insights as: Think Distributed; Become a Platform; Join the Post-scarcity, Open-source, Gift Economy; Do What You Do Best and Link to the Rest; Get Out of the Way; and Make Mistakes Well. A book that is fun and original.

BUSINESS

FEBRUARY

WHEN CAN I RETIRE?

by ALLENTUCK, ANDREW

Retirement is one of the most decisive financial and personal decisions people make. To help make sense of the confusing business of retirement, financial journalist Andrew Allentuck explains how to navigate Old Age Security, Canada and Quebec Pension Plans, Registered Retirement Savings Plans, tax-efficient investments, and more.

BUSINESS

JANUARY

WHERE AM I?

by ELLARD, COLIN

Psychologist Colin Ellard shows that the uniquely human ability to visualize and partition space has led to an increasing disconnection from the natural world. Architects and city planners, he suggests, need to consider human behaviour when constructing human environments, and we all need to recognize that we are part of, not isolated from, the space around us. This book is an absorbing, compulsively readable study of the power of space in our lives. B&W diagrams throughout.

PSYCHOLOGY

APRIL

**WHY HIM? WHY HER?**

by FISHER, HELEN PHD

A groundbreaking book about how your personality type determines who you love. Each of us, it turns out, primarily expresses one of four broad personality types - Explorer, Builder, Director, or Negotiator - and each of these types is governed by different chemical systems in the brain. Driven by this biology, we are attracted to partners who both mirror and complement our own personality type. Helen Fisher is the author of *THE FIRST SEX* and *THE ANATOMY OF LOVE*.

SELF-HELP

FEBRUARY



WISHFUL DRINKING

by FISHER, CARRIE

Shedding her usual reading line of "a novel," Carrie Fisher reveals the crazy truth that is her life - and even she would be hard pressed to make this stuff up. In **WISHFUL DRINKING**, readers will have a look at what it's really like to grow up in Hollywood, come of age on the set of the world's biggest blockbuster film, and become a cultural icon at the age of nineteen. B&W photos throughout.

BIOGRAPHYNOVEMBER 2008

WITH WINGS LIKE EAGLES

by KORDA, MICHAEL

The bestselling author of **IKE** returns with the first complete history of one of the most significant conflicts of World War II - the Battle of Britain. Korda tells the complete story witnessed through the tales of pilots, ground crews, and commanders on both sides. He also explores the political struggle behind the battle. With two inserts: 8 pages of colour photos and 16 pages of B&W photos.

HISTORYJANUARY

YOGA INC.

by PHILIP, JOHN

YOGA INC. examines the trends now sweeping the industry, from large "McYoga" chains to yoga tournaments to high-profile yogis like Bikram Choudhury. What prompted the change from spiritual to secular - and who is cashing in? Can yoga survive with its good karma intact?

BUSINESS

MARCH

**YOU ARE HERE**

by POTTER, CHRISTOPHER

In this thrilling biography of the universe, as seen through the lens of today's most cutting-edge scientific thinking, Christopher Potter offers everything the science-shy reader ever wanted to know about the cosmos but was too terrified even to think about, let alone ask. Sample questions: Where are we in the universe? Is there room for God in a material universe? What stuff is "nothing" made out of? Potter will explain it all.

HISTORYMARCH

YOU BETTER WATCH OUT

by MALONE, GREG

This memoir from one of Canada's comic geniuses is as moving as it is funny. It is about a young boy growing up in the St. John's of the 1950s and 60s who survives, among other things, a school run by the Christian Brothers, encounters with the bullies of New Gower Street and the perfect family. This is a quirky memoir for the fans of *TOO CLOSE TO THE FALLS*. .

BIOGRAPHY

FEBRUARY

